

THE 5th WORLD
CONGRESS ON



THE AGING 5 MALE

SALZBURG, AUSTRIA
FEBRUARY 9-12, 2006

Under the auspices of:

- Austrian Society of Urology
- European Academy of Sciences and Art
- European Association of Urology (EAU)
- European Federation of Endocrine Societies (EFES)
- European Menopause and Andropause Society
- German Dermatologic Society (DDG)
- German Society of Applied Endocrinology
- International Menopause Society
- International Society for Sexual and Impotence Research
- Population Council
- World Association for Sexology



CME
CREDITS
WILL BE
AVAILABLE

SECOND ANNOUNCEMENT AND CALL FOR PAPERS

Deadline for Abstracts: October 17th, 2005

www.kenes.com/aging



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Dear Colleagues,

On behalf of the Executive Council of ISSAM, the Faculty and the Organizing Committee, I take great pleasure in welcoming you to the 5th World Congress on the Aging Male.

Despite the enormous medical progress during the past few decades, the last years of life are still accompanied by increasing ill health and disability. The ability to maintain independent living for as long as possible is a crucial factor of health and aging.

Therefore, the promotion of healthy aging and the prevention of disability in all older people must assume a central role in medical research and medical practice as well as in the formulation of national health and social policies. Whilst gender specific aging of women and female health in general has been the focus of a coherent medical approach for many years, the healthcare of males in their aging years has tended to be piecemeal and somewhat uncoordinated. Effective programs promoting healthy aging will ensure a more efficient use of health and social services and improve the quality of life in older persons by enabling them to remain independent and productive.

In light of this, public awareness of medical knowledge needs to be increased and basic, clinical, socio-economic and epidemiological research intensified. This will necessitate a quantum leap in multi-disciplinary and internationally coordinated research efforts. Such efforts should be supported by the establishment of new partners between inter-governmental, governmental, industrial and voluntary sectors. All these considerations will be addressed here at the 5th World Congress on the Aging Male.

This Congress on the Aging Male will demonstrate that interdisciplinary collaboration is possible, and can unite all the forces in this relatively new discipline. It truly displays our purpose to comprehensively examine the causes and consequences of male aging and its social and medical repercussions, with the goal being to improve the health status and quality of life of men. This meeting will bring together the most recent data presented by prominent scientists, on the many physical, metabolic and psychological changes experienced by men as they age. We will highlight prostate gland changes, testosterone metabolism, the metabolic syndrome, cardiological changes, osteoporosis, sexuality, mood and cognitive disorders and more.

This Congress is intended for a broad audience with multifaceted interests such as practitioners, experts and researchers of medical, behavioural and social sciences as well as for providers of services and technologies for the aging population. The General Practitioner will have special learning opportunities in this relative new field.

We hope that you will enjoy being part of this fulfilling, rewarding and challenging congress and also enjoy the special flavour of Salzburg, and be part of the city's celebration of the 250 anniversary of Wolfgang Amadeus Mozart. This festive environment should provide an exquisite framework for an open exchange of ideas and presentation of new research findings.

For updates please visit our website at www.kenes.com/aging.

Prof. Bruno Lunenfeld,
MD.; FRCOG. FACOG (hon.),

President



LIST OF PRELIMINARY TOPICS

- Epidemiology of Aging
- The Aging Male in the developing world
- Demographic aspects of Aging
- Social constructions of masculinity and its influence on health behaviour
- Quality of life (Independence, life free of disability)
- Sexuality, sexual dysfunction and erectile dysfunction
- Health issues: Diet, smoking, lifestyle, gender differences, social and economic factors and cultural differences in the Aging Male
- Aging on the molecular level and in animal experiments
- Endocrinology of the Aging Male
- Metabolic Syndromes
- Controversies on therapeutic & preventive strategies
- Diagnosis and screening for endocrine deficiencies in the Aging Male
- Hormone therapy for the Aging Male
- Hormone levels in Aging Males (techniques and pitfalls)
- Testosterone therapy in late-onset Hypogonadism (Diagnosis, treatment and monitoring). Present and future trends
- The role of testosterone in male sexual function
- Correlation between functional deficiencies and specific hormone blood levels in the Aging Male
- Pros and cons of androgen therapy
- Selective androgen receptor modulators
- Growth hormone and growth factors in the Aging Male
- Safety of hormone therapy
- Body composition and Aging
- Diabetes and Aging
- Cardio-Vascular disease in the Aging Male, including lipid profiles and other risk factors
- The Aging brain
- Cognitive function in the Aging Male, mood disturbances and depression
- Frailty (Osteoporosis, balance, muscle mass and skeleton) in the Aging Male
- Uro-Genital problems and prostate cancer in the Aging Male
- Incontinence
- Urinary infections
- Benign prostate hypertrophy
- Prostate cancer
- Practical advices for the treatment of localized prostatic carcinoma in the elderly
- Nutrition, nutraceuticals, minerals, vitamins, antioxidants and food additives
- Physical activity, physical fitness and nutrition in the Aging Male
- Sensory functions (Vision and hearing)
- The skin of the Aging Male
- Pulmonary function
- Obesity
- Biological rhythms vs. sleep disturbances
- Mineral and bone metabolism
- Health services research and national policies towards the Aging Male
- Retirement and social security
- Economics of Aging



ABSTRACTS

CALL FOR ABSTRACTS

Deadline for submission of abstracts: October 17th, 2005

Participants who would like to present an oral or poster presentation must submit an abstract for consideration by the Scientific committee. The abstracts should be submitted in English and arrive no later than October 17th, 2005. The Scientific Committee will determine whether abstracts will be accepted as oral or poster presentations, with consideration to be given to the author's preference.

The presenting author is required to ensure that all co-authors are aware of the content of the abstract before submission to the Secretariat.

Only the abstracts of registered presenting authors will be included in the program and book of abstracts.

Abstracts accepted for presentation will be published on the website prior to the congress as well as in the peer review journal of the Aging Male (Taylor & Francis publishing). This journal is indexed in Medline, Excerpta Medica and other electronic indexes.

Abstracts should be submitted via the official website at www.kenes.com/aging
For further instructions on submissions, please see the website.

If you do not have access to internet, then please contact the Secretariat on:
Tel: +41 22 908 0488; Fax: +41 22 732 28850

ABSTRACTS SUBMITTED BY FAX WILL NOT BE ACCEPTED



PRELIMINARY TIMETABLE (Subject to change)

THURSDAY, FEBRUARY 9th		
08:00 – 10:00 The Aging Male in the Asia Pacific Millieu <i>Sponsored by APSSAM</i>		
10:00 – 10:30 COFFEE BREAK		
10:30 – 12:00 Effects of Hormonal Changes in Metabolic Disorders <i>Sponsored by the German Society of Applied Endocrinology</i>	10:30 – 12:00 Aging and Male Sexual Function <i>Sponsored by International Society of Sexual and Impotence Research (ISSM)</i>	10:30 – 11:30 APSSAM Executive Meeting
12:00 – 13:00 LUNCH BREAK	12:00 – 13:00 ISSAM Executive Meeting & Luncheon	
13:00 – 14:30 Testosterone and Prostate Cancer Risk	13:00 – 14:30 Frailty and Hormonal changes in Aging Male	
14:30 – 15:00 COFFEE BREAK		
15:00 – 16:30 The Boston Area Community Health (BACH) Survey and its Ancillary Studies	15:00 – 16:30 The Skin of the Aging Male	
16:30 – 18:00 Opening Ceremony & Keynote Lectures		
18:00 – 19:00 Get-Together Reception <i>Sponsored by Pfizer Austria</i>		

FRIDAY, FEBRUARY 10th		
07:30 – 08:30 Meet the Professor: Erectile Dysfunction <i>Sponsored by Bayer</i>	07:30 – 08:30 Jing Kung Exercise	07:30 – 08:30 Meet the Professor
SHORT BREAK TO CHANGE HALLS		
08:45 – 09:15 Sexual Health is the Portal to Men's Health		
09:15 – 10:45 Urological aspects		
10:45 – 11:15 COFFEE BREAK, EXHIBITION AND POSTER VIEWING		
11:15 – 11:45 Plenary Lecture II		
11:45 – 13:15 Metabolic Syndrome		
13:15 – 14:15 LUNCH BREAK (lunch debates in parallel halls) EXHIBITION AND POSTER VIEWING		
14:15 – 15:45 Clinical experience with a new long – acting injectable testosterone undecanoate <i>Sponsored by Schering</i>		
15:45 – 16:15 COFFEE BREAK, EXHIBITION AND POSTER VIEWING		
16:15 – 17:45 Why LOH men need Androgen Therapy? <i>Sponsored by Pierre Fabre</i>	16:15 – 17:45 The right patient for testosterone replacement therapy <i>Sponsored by Solvay</i>	
17:45 – 19:00 Mental Health and Depression	17:45 – 19:00 Preventive Strategies: Diabetes, Obesity	
Evening at Leisure		



SATURDAY, FEBRUARY 11th		
07:30 – 08:30 Meet the Professor <i>Sponsored by IPSEN</i>	07:30 – 08:30 Jing Kung Exercise	07:30 – 08:30 Meet the Professor
SHORT BREAK TO CHANGE HALLS		
08:45 – 09:15 Is there a link between Obesity, Diabetes, ED and Cardiovascular Diseases?		
09:15 – 10:45 Testosterone and Erectile Dysfunction		
10:45 – 11:15 COFFEE BREAK, EXHIBITION AND POSTER VIEWING		
11:15 – 11:45 Plenary Lecture IV		
11:45 – 13:15 Osteoporosis		
13:15 – 14:15 LUNCH BREAK (lunch debates in parallel halls) EXHIBITION AND POSTER VIEWING		
14:15 – 15:45 Symposium III		
15:45 – 16:15 COFFEE BREAK, EXHIBITION AND POSTER VIEWING		
16:15 – 17:45 Expanding the Use of Testosterone Therapy <i>Sponsored by IPSEN</i>		
17:45 – 19:00 Testosterone and Prostate Safety	17:45 – 19:00 Phytoestrogens and the male	
20:30 – 21:30 Mozart Concert		

SUNDAY, FEBRUARY 12th	
08:30 – 10:00 The Third Wave of the Massachusetts Male Aging Study (MMAS) – New Findings	08:30 – 10:00 Parallel Session
10:00 – 10:30 COFFEE BREAK	
10:30 – 12:00 Morning, noon and night: Older men at work, rest and play	10:30 – 12:00 Parallel Session
12:00 – 13:00 ISSAM General Assembly	
13:00 – 15:00 ISSAM Executive Closed Meeting	
15:00 – 17:00 Editorial Board "Aging Male"	



CME CREDITS



Serono Symposia International Foundation (www.seronosymposia.org) will submit the main congress program of the "5th World Congress on the Aging Male" (9-12 February 2006 - Salzburg, Austria) for accreditation by the European Accreditation Council for Continuing Medical Education (EACCME).

This program "5th World Congress on the Aging Male" (9-12 February, 2006 - Salzburg, Austria) will be submitted for CME accreditation from the Italian Ministry of Health.

EACCME credits are recognized by the American Medical Association towards the Physician's Recognition Award (PRA). To convert EACCME credit to AMA PRA category 1 credit, contact the AMA.

The CME accreditation is valid for the main congress program only and does not cover the company-sponsored symposia.



GENERAL INFORMATION

CONGRESS VENUE

Salzburg Congress Centre
 Auerspergstrasse 7
 A-5020 Salzburg
 Austria
 Tel: +43 662 889870
 Fax: +43 662 8898766
 E-mail: info@salzburgcongress.at
 Website: www.salzburgcongress.at

LANGUAGE

The official language of the congress is English.

REGISTRATION FEES

	Until November 30th, 2005	From December 1st, 2005 until February 1st, 2006	From February 1st, 2006 and on-site
Full Participants	€ 590	€ 640	€ 690
Students, Post-Docs, Fellows*	€ 300		

Fees for Participants include participation in all scientific sessions, printed material of the congress, an invitation to the Get-Together Reception and Mozart Concert as well as lunches. Fees for full participants only will also include a membership to ISSAM - the International Society of the Aging Male, which includes a one-year subscription to the Society Journal.

Students, Post-Docs and Fellows* must provide a letter from their head of department to support their application for student rate.

CANCELLATION POLICY

Up to 90 days prior to arrival – full refund less bank charges

Up to 60 days prior to arrival – cancellation charge of € 50

Less than 60 days prior to arrival – no refund

PAYMENT

Payment of registration fees may be made by credit card (Visa, MasterCard, American Express or Diners Club), cheque payable to the "5th World Congress on the Aging Male" or by bank transfer to the "5th World Congress on the Aging Male", Credit Suisse Geneva, 1211 Geneva 70, Switzerland, Bank Code: 4251; Account Number: 693980-52-50; Swift No: CRESCHZZ12A ; IBAN No: CH64 0425 1069 3980 5205 0.

Please make sure that the name of the congress and the participant is stated on the bank transfer."



OFFICIAL CARRIER

Austrian, Austrian Arrows and Lauda are the official carriers for our event and they offer the most frequent flights to and from Austria. Please contact your nearest Austrian Airlines office or travel agent where you will receive information on flights and fares.

As a participant of “**The 5th World Congress on the Aging Male, February 9-12, 2006**”, you and one accompanying person will benefit from a favourable congress fare on Austrian, Austrian Arrows or Lauda flights*

Please identify yourself as a participant by presenting your registration and referring to: **CODE-WCAM6**

If your ticket is issued at a travel agency, please ask your agent to contact an Austrian Airlines office.

*Excluding certain reduced and action fares

Participants from the USA should contact:
Lyon Travel
999 Putney Road, P.O. Box 6179
Brattleboro, Vermont 05302
Toll free number: 800 639 3849
General office: +1 802 254 6033
Fax: +1 802 254 6123
Email: conferences@lyontravel.com

ABOUT SALZBURG

Salzburg is set in a picture-perfect location surrounded by the Alps and situated on both banks of the Salzach River. The city is the birthplace of Wolfgang Amadeus Mozart, which at the time of the congress will celebrate his 250th Anniversary and to celebrate this special occasion, we will offer a Mozart concert to all registered participants. Visitors can also enjoy the numerous music festivals, plazas, museums, chocolates and liqueurs named after Mozart. Please visit the following websites for further information about Salzburg:

<http://www2.salzburg.info>
http://www.salzburg.com/tourismus_e
<http://www.austria.org>

LETTER OF INVITATION

Upon request, the Secretariat of the Congress will send a personal invitation to participants. This invitation is meant only to help visitors to raise travel funds or to obtain a visa, and is not a commitment on the part of the organizers to provide any financial support.

EXHIBITION

A commercial exhibition is scheduled to take place in conjunction with the Congress. For further information please contact:

Erica Rieman
Kenes International
17 rue du Cendrier
Geneva CH-1211
Switzerland
Tel: +41 22 908 0488
Fax: +41 22 732 2850
E-Mail: eriemann@kenes.com

LIABILITY

The Congress Secretariat and Organizers cannot accept liability for personal accidents, loss of or damage to private property of participants, either during, or directly arising from the 5th World Congress on the Aging Male. Participants should make their own arrangements with respect to health and travel insurance.

CONGRESS SECRETARIAT

For further information kindly contact:

KENES International
CARES FOR YOUR ORGANIZATION

17 Rue du Cendrier, P.O. Box 1726
CH-1211, Geneva 1, Switzerland
Tel: +41 22 908 0488
Fax: +41 22 732 2850
Email: aging@kenes.com
Website: www.kenes.com/aging



ACCOMMODATION

KENES *International*

CARES FOR YOUR ORGANIZATION

17 Rue du Cendrier
P.O. Box 1726, Ch-1211, Geneva 1, Switzerland
Tel: +41 22 908 0488; Fax: +41 22 732 2850
E-mail: reg_aging@kenes.com

Kenes International is the official travel agent for the 5th World Congress on the Aging Male and will be offering special reduced rates for accommodation and congress tours.

Accommodation at special congress rates is available at the following hotels:

Hotel	Category	Single Room	Double Room	Hotel vs congress centre
Sheraton Hotel	★★★★★	€ 190	€ 220	Adjacent to the congress centre
Crowne Plaza Hotel	★★★★★	€ 170	€ 220	1 minute walk
Renaissance Salzburg Hotel	★★★★	€ 155	€ 175	10 minute walk
Dorint Hotel	★★★★	€ 140	€ 175	10 minute walk
StieglBrau Hotel	★★★	Single use € 110 Single use in double room € 150	€ 180	2 minute walk
Imuler Hotel	★★★	Single use € 110 Single use in double room € 150	€ 180	2 minute walk

Rates quoted are per room, per night, including breakfast and all taxes.

HOW TO BOOK

In order to benefit from the special congress rates, please use one of the following booking methods:

- Send the enclosed registration & accommodation form with the required deposit by fax or regular mail at your earliest convenience.
- Book your hotel accommodation through the congress website at: www.kenes.com/aging



ACCOMMODATION (cont.)

We strongly advise all congress participants to reserve their hotel accommodation as soon as possible. Kenes International will not be able to guarantee rooms after January 15th, 2006.

Reservations will only be confirmed if credit card details are fully supplied; alternatively please forward a deposit of € 150 per room by credit card or bank transfer. (Details appear in the Accommodation form)

Each participant will receive an individual confirmation, indicating the name and address of their hotel. The booking will be final upon receipt of the corresponding deposit.

If your hotel reservation is being made by a sponsoring company, the participant will receive the corresponding hotel confirmation directly from the sponsoring company.

For block bookings (10 rooms and more) companies are requested to send their request by fax or email to **Kenes International**. Different payment and cancellation policies will apply.

PAYMENT

Payment for accommodation, provided by Kenes International is payable (less deposit) before your arrival in Salzburg. Kenes International accepts Travellers cheques and Euro cheques (in the currency of the issuing country) Visa, MasterCard, AMEX and Diners Club credit cards.

Please note, 3 weeks prior to arrival in Salzburg, your credit card will be automatically charged for the balance of your hotel accommodation. Participants that paid by bank transfer or Cheque need to send this balance to Kenes International. Full payment is required for all hotel accommodation.

CANCELLATION OF ACCOMMODATION

Cancellations must be received in writing.

- Up to 90 days prior to arrival – full refund less bank charges
- Less than 90 days and up to 30 days prior to arrival – 1 night cancellation fee
- Less than 30 days and for non-show – No refund

IMPORTANT NOTES

Kenes International reserves the right to change the requested hotels to those of a similar grade or better. Kenes International and their agents shall not be responsible for, and shall be exempt from, all liability in respect of any loss, damage, injury, accident, delay or inconvenience to any person, or his/her luggage or any other property, for any reason whatsoever, for any tourist services provided. Personal travel and health insurance is highly recommended.

Official check in time at the hotels is 14:00 hours and check out time is 12:00 hours.



HOW TO ARRIVE

AIRPORT INFORMATION AND TRAVEL TO SALZBURG

Salzburg International Airport is located 4km west of the city. Buses depart from the airport to the main train station at Sudriolerplatz (downtown) every 15 minutes during the day and every 30 minutes in the evening until 22:00. Journey time from the airport to downtown is approximately 18 minutes. Private taxis are also available at an approximate cost of € 30.

Direct flights from main European cities (eg: Amsterdam, Frankfurt, Dusseldorf) are offered by several airlines. Further information about flights to and from Salzburg Airport can be found at www.salzburg-airport.com

From Munich:

Kenes International will be offering a shuttle service from Munich Airport to Salzburg. The cost is € 43 per person, per direction. In order to book the transfer you need to be a registered participant at the meeting and book in advance your seat via the official website – www.kenes.com/aging

In order to guarantee your seat on the shuttle we must receive your travel details (including date, airline & flight number and estimated arrival time) no later than January 10th, 2006.

There is a frequent train service from Munich Airport to Salzburg. The journey takes approximately 2.5 hours. For further information, please visit www.bahn.de

From Vienna:

Direct trains are offered by the OEBB (www.oebb.at) from Vienna to Salzburg several times per day. The journey takes approximately 3 hours.



PRE AND POST CONGRESS TOURS

The following Pre- and Post-Congress Tours can be booked and are payable via "Liberty International"

Half Day Tours

Walking Tour of Salzburg including Mozart's birthplace

The Sound of Music Tour

Salzkammergut Excursion

Bavarian Salt Mines Excursion

Countryside excursion with horse-sleigh tour

Full Day Tours

Innsbruck and Wattens with the Famous Crystal World

Ski Shuttle

For further information please visit our website:

www.kenes.com/aging/

or contact Liberty International Reise GmbH at:

E-mail: d.schoendorfer@liberty-international.at

Tel: +43 662 875050, Fax: +43 662 871287



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