



1st European Congress on the **AGING MALE**

Inauguration of the European Society for the Study of The Aging Male (ESSAM)

Warsaw, Poland, June 14-16, 2007



Announcement and Call for Papers

Deadline for Abstract Submission: March 1, 2007



For updates please visit the official website at:
www.kenes.com/aging



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Committees

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G. Valenti, Italy

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LOCAL ORGANIZING COMMITTEE

S. Zgliczynski, **Chairperson**

A. Borowka

Z. Lew-Starowicz

M. Sendrakowska



Dear Colleagues,

On behalf of the Scientific and Local Organizing Committees, I take great pleasure in welcoming you to the 1st European Congress on The Aging Male.

This Congress will inaugurate the European Society of The Aging Male (ESSAM).

ESSAM should become the European Forum which mobilises talent, energy and resources in order to address critical issues to improve men's health and allow men to age in health and dignity.

In the light of this, the 1st European Congress of The Aging Male will demonstrate that interdisciplinary collaboration in Europe is possible, and can unite all the forces in this relatively new discipline. It truly displays our purpose to comprehensively examine the causes and consequences of male aging and its social and medical repercussions, with the goal being to improve the health status and quality of life in men. This meeting will bring together the most recent data presented by prominent scientists, on the many physical, metabolic and psychological changes experienced by men as they age. We will highlight prostate gland changes, testosterone metabolism, the metabolic syndrome, cardiological changes, osteoporosis, sexuality, mood and cognitive disorders and more.

This Congress is for a broad audience with multifaceted interests such as practitioners with an interest in health in aging, particularly clinicians, researchers from the areas of urology, psychiatry, geriatrics, endocrinology, gynecology and general practice. It will also be of interest to professionals from the social sciences, as well as providers of services and technologies for the aging population.

Warsaw has undergone a huge transformation process. Pre-war architecture exists side by side with modern skyscrapers and cultural activities and are equal to that of many other western cities. The charm of Warsaw's parks and gardens, the wide course of the Vistula river and the rich cultural life of this city is both cosmopolitan and provincial at the same time.

We look forward to welcoming you as one of the Founding Members of ESSAM to Warsaw in June 2007 and hope that this Congress will be a memorable experience for all of you and will strengthen the partnership between intergovernmental, governmental, industrial and voluntary sectors. It will also enable further friendship and scientific collaboration.

For updates please visit our website: www.kenes.com/aging.

Prof. Bruno Lunenfeld
MD.; FRCOG. FACOG (hon.)
Chairperson, Scientific Committee



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List of Preliminary Topics

A EUROPEAN PERSPECTIVE ON THE AGING MALE

- Epidemiology of Aging: A European perspective
 - The Aging Male in European countries with low-middle income
 - What Aging in the Western World means in 2007?
 - Demographics aspects of Aging
 - Health services research and national policies towards the Aging Male
 - Retirement and social security
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DIAGNOSIS AND MANAGEMENT OF ENDOCRINE DEFICIENCIES IN THE AGING MALE

- Endocrinology of the Aging Male
 - Metabolic Syndrome
 - Controversies on therapeutic and preventive strategies
 - Hormone therapy for the Aging Male
 - Hormone levels in Aging Male (techniques and pitfalls)
 - Testosterone therapy in late-onset Hypogonadism (Diagnosis, treatment and monitoring) – Present and future trends
 - Aging on the molecular level and in animal experiments
 - Growth hormone and growth factors in the Aging Male
 - Safety of hormone therapy
-

AGING AND SEXUALITY

- Sexuality, sexual dysfunction and erectile dysfunction
- The role of testosterone in male sexual function
- Correlation between functional deficiencies and specific hormone blood levels in the Aging Male
- Pros and cons of androgen therapy
- Selective androgen receptor modulators
- Growth hormone and growth factors in the Aging Male
- Safety of hormone therapy
- Body composition and Aging



DISEASES RELATED TO AGING AND HORMONAL DEFICIENCIES

- Diabetes and Aging
- Cardio-Vascular diseases in the Aging Male, including lipid profiles and other risk factors
- The Aging brain
- Cognitive function in the Aging Male, mood disturbances and depression
- Frailty (Osteoporosis, balance, muscle mass and skeleton) in the Aging Male
- Uro-genital problems and prostate cancer in the Aging Male
- Incontinence
- Obesity
- Benign prostate hypertrophy
- Prostate cancer
- Sensory functions (Vision and hearing)
- The skin of the Aging Male
- Biological rhythms vs. sleep disturbances
- Mineral and bone metabolism

NONMEDICAL APPROACHES TO MALE HEALTH AND AGING

- Nutrition, nutraceuticals, minerals, vitamins, antioxidants and food additives
- Physical activity, physical fitness and nutrition in the Aging Male
- Sensory functions (Vision and hearing), health issues: Diet, smoking, lifestyle, gender differences, social and economic factors and cultural differences in the Aging Male
- Lifestyles (smoking, alcohol, psychosocial behaviour) and cultural differences in the Aging Male



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Call for Abstracts

Deadline for submission of abstracts: March 1, 2007

Abstracts must be submitted via the website: www.kenes.com/aging.
Please follow the instructions listed on the website step-by-step.

- Following peer review, abstracts will be accepted as oral or poster presentations and will appear in the abstract book of the Congress.
- Abstracts will be published upon payment of registration fees not later than May 1, 2007
- If you are unable to submit abstracts via the website, please contact the Secretariat.
- Abstracts submitted by fax will not be accepted.
- Authors presenting abstracts must be registered participants.
- Abstracts must be submitted in English.
- Abstracts should clearly state:
Background and aims, Methods, Results and Conclusions
- Use generic names of drugs. Express numbers as numerals
- Images, tables, diagrams, graphs must be saved and uploaded as JPG files. Other file types cannot be accepted. Please note that these may be resized to fit in the final printed material.

CME Credits



Serono Symposia International Foundation (www.seronosymposia.org) will submit the main congress program of the “**1st European Congress on The Aging Male**” (Warsaw, Poland - June 14-16, 2007) for accreditation by the European Accreditation Council for Continuing Medical Education (EACCME).

For Italian Participants: This program of the “**1st European Congress on The Aging Male**” (Warsaw, Poland – June 14 - 16, 2007) will be submitted for CME accreditation from the Italian Ministry of Health.

The accreditation is valid for the main congress program only and does not cover the industry-sponsored symposia.

For further information, please approach the Congress website: www.kenes.com/aging.

Preliminary Timetable

(as of December 7, 2006)

THURSDAY, JUNE 14, 2007		FRIDAY, JUNE 15, 2007		SATURDAY, JUNE 16, 2007			
09:00 – 10:30	Spanish Symposium Organizer: I. Moncada , Spain <i>Will be held in Spanish</i>	Russian Symposium Organizers: S. Kalinchenko , Russia A. Wioritkin , Russia <i>Will be held in Russian</i>	Plenary Symposium 1: Management of hormone deficiencies in the Aging Male Organizer: B. Lunenfeld , Israel	Plenary Symposium 3: Lifestyle and quality of life Organizer: S. Meryn , Austria			
10:30 – 11:00	<i>Coffee Break, Poster Viewing and Visit the Exhibition</i>						
11:00 – 12:30	Italian Symposium: Muscle frailty of the aging male Chairperson: G. Valenti , Italy <i>Will be held in Italian</i>	Polish Symposium: The endocrine aspects of aging male Organizer: S. Zgliczynski , Poland <i>Will be held in English</i>	Plenary Symposium 2: Debate: Testosterone Preparation: Are they all the same?	Plenary Symposium 4: Strategies in the prevention and management of the metabolic syndrome Organizer: S. Arver , Sweden			
12:30 – 13:30	<i>Lunch Break, Poster Viewing and Visit the Exhibition</i>						
13:30 – 15:00	French Symposium: Vieillesse et Sexualité Masculine Aging and Male Sexual Function Organizers : J. Buvat , France J.J. Legros , Belgium <i>Will be held in French</i>	Solvay Industry Symposium		Industry Symposium			
15:00 – 15:30	<i>Coffee Break, Poster Viewing and Visit the Exhibition</i>						
15:30 – 17:30	15:30 – 16:30 Opening Ceremony and Inauguration of ESSAM 16:30 – 17:30 Welcome Reception	Session 1: Urological issues	Session 2: Endocrine deficiencies	Session 3: Dermatological issues	Session 4: Sexuality	Session 5: Osteoporosis	Session 6: The Aging Brain

Legend:

Symposium	Industry Symposium Presentations
Plenary Symposium	



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General Information

CONGRESS VENUE

Hilton Warsaw and Convention Centre
Grzybowska 63
Warsaw 00-844
Poland
Tel: +48 22 356 5555
Fax: +48 22 356 5556

LANGUAGE

The official language of the Congress is English, however there will be a selection of Symposia held in French, Italian, Russian and Spanish.

	Until March 2, 2007	From March 3, 2007 until June 7, 2007	From June 8, 2007 and on-site
ISSAM Member	€ 370	€ 465	€ 560
Participant - Non Member	€ 490	€ 585	€ 645
European countries with Lower Middle Income*	€ 245	€ 320	€ 320

Fees for Participants include participation in all scientific sessions, printed material of the congress, an invitation to the Welcome Reception.

*Please refer to the list of countries on the website: [http:// web.worldbank.org/](http://web.worldbank.org/).

CANCELLATION POLICY

Up to 90 days prior to arrival – full refund less bank charges

Up to 60 days prior to arrival – cancellation charge of € 50

Less than 60 days prior to arrival – no refund

PAYMENT

Payment of registration fees may be made by credit card (Visa, MasterCard, American Express or Diners Club), cheque payable to "Aging Male Warsaw 2007" or by bank transfer to "Aging Male Warsaw 2007", Credit Suisse Geneva, 1211 Geneva 70, Switzerland, Bank Code: 4835;

Account Number: 0251-693980-52-111; Swift No: CRESCHZZ12A;

IBAN No: CH82 0483 5069 3980 5211 1.

Please make sure that the name of the congress and the participant is stated on the bank transfer.

LETTER OF INVITATION

Upon request, the Secretariat of the Congress will send a personal invitation to participants. This invitation is meant only to help visitors to raise travel funds or to obtain a visa, and is not a commitment on the part of the organizers to provide any financial support.



EXHIBITION

A commercial exhibition is scheduled to take place in conjunction with the Congress. For further information please contact:

Maya Yatsiv
Industry Sales and Liaison
Kenes International
17 rue du Cendrier
CH-1211 Geneva
Switzerland
Tel: +41 22 908 0488
Fax: +41 22 732 2850
E-Mail: myatsiv@kenes.com

LIABILITY

The Congress Secretariat and Organizers cannot accept liability for personal accidents, loss or damage to private property of participants, either during, or directly arising from the 1st European Congress on The Aging Male. Participants should make their own arrangements with respect to health and travel insurance.

CLIMATE

The average temperature in Warsaw in June ranges between 11-18°C.

CLOTHING

During the entire congress, attire will be casual and informal.

CONGRESS SECRETARIAT

KENES *International*
CARES FOR YOUR ORGANIZATION
GLOBAL CONGRESS ORGANIZERS AND
ASSOCIATION MANAGEMENT SERVICES

For further information kindly contact:
1st European Congress on The Aging Male
c/o Kenes International
17 Rue du Cendrier, P.O. Box 1726
CH-1211 Geneva 1, Switzerland
Tel: +41 22 908 0488
Fax: +41 22 732 2850
E-mail: aging@kenes.com
Website: www.kenes.com/aging





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Hotel Accommodation

KENES *International*
CARES FOR YOUR ORGANIZATION
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ASSOCIATION MANAGEMENT SERVICES

17 Rue du Cendrier
P.O. Box 1726
CH-1211 Geneva 1
Switzerland
Tel: +41 22 908 0488
Fax: +41 22 732 2850
E-mail: reg_aging@kenes.com

Kenes International is the official travel agent for the 1st European Congress on The Aging Male and will be offering special reduced rates for accommodation.

Accommodation at special congress rates is available at the following hotel:

Hotel	Single room	Double room	Hotel vs Convention Centre
Hilton Warsaw and Convention Centre	€ 145	€ 160	Congress Venue
Ibis Centrum	€ 75	€ 82	5 minutes walk

HOW TO BOOK

In order to benefit from the special congress rates, please use one of the following booking methods:

- Send the enclosed registration & accommodation form with the required deposit by fax or regular mail at your earliest convenience.
- Book your hotel accommodation through the congress website at: www.kenes.com/aging

We strongly advise all congress participants to reserve their hotel accommodation as soon as possible. Kenes International will not be able to guarantee rooms after May 24, 2007.

Reservations will only be confirmed if credit card details are fully supplied; alternatively please forward a deposit of one night accommodation per room by credit card or bank transfer. (Details appear in the Accommodation form).

Each participant will receive an individual confirmation, indicating the name and address of their hotel. The booking will be final upon receipt of the corresponding deposit.

If your hotel reservation is being made by a sponsoring company, the participant will receive the corresponding hotel confirmation directly from the sponsoring company.

For block bookings (10 rooms and more) companies are requested to send their request by fax or e-mail to **Kenes International**. Different payment and cancellation policies will apply.



PAYMENT

Payment for accommodation, provided by Kenes International is payable (less deposit) before your arrival in Warsaw. Kenes International accepts Travellers cheques and Euro cheques (in the currency of the issuing country) Visa, MasterCard, AMEX and Diners Club credit cards.

Please note, 3 weeks prior to arrival in Warsaw, your credit card will be automatically charged for the balance of your hotel accommodation. Participants that paid by bank transfer or cheque need to send this balance to Kenes International. Full prepayment is required for all hotel accommodation.

CANCELLATION OF ACCOMMODATION

Cancellation or changes must be received in writing to Kenes International (either by fax or e-mail).

Until 30 days before the Congress: full refund handling charge of € 25.

Cancellations received 29-15 days prior to arrival: 1 night cancellation charge.

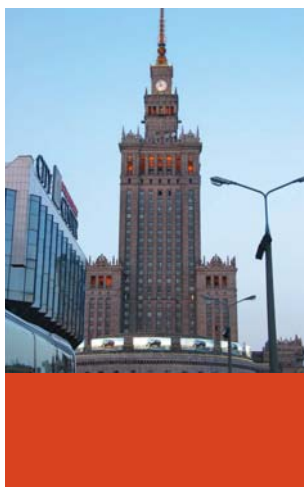
Cancellations received from June 1, 2007 – No refund

In the event of non-arrival, the hotel will automatically release the reservation and all payments will be non-refundable.

IMPORTANT NOTES

Kenes International reserves the right to change the requested hotels to those of a similar grade or better. Kenes International and their agents shall not be responsible for, and shall be exempt from, all liability in respect of any loss, damage, injury, accident, delay or inconvenience to any person, or his/her luggage or any other property, for any reason whatsoever, for any tourist services provided. Personal travel and health insurance is highly recommended.

Official check in time is 14:00 hours and check out time is 12:00 hours.



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