

**2<sup>nd</sup> Therapeutic Patient Education**  
*Including*  
**The 4<sup>th</sup> International DAWN Summit**  
Budapest, Hungary, November 5-8, 2008

**Scientific Program** as of 05.10.2008

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**WEDNESDAY, NOVEMBER 5, 2008**

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15:00 – 17:30	<b>WS1: Workshop 1</b> THE EMPOWERMENT APPROACH TO GROUP EDUCATION Tutors: <b>R.M. Anderson, USA</b> <b>M. Funnell, USA</b>	<b>Hall B</b>
15:00 – 17:30	<b>WS2: Workshop 2</b> USING THE AUTOBIOGRAPHICAL APPROACH TO PATIENT EDUCATION Tutors: <b>N. Piana, Italy</b> <b>G. Romani, Italy</b>	<b>Hall C</b>
15:00 – 17:30	<b>WS3: Workshop 3</b> PROVISION OF FAMILY-CENTRED PSYCHOSOCIAL SUPPORT Tutor: <b>B. Anderson, USA</b>	<b>Hall D</b>
15:00 – 17:30	<b>WS4: Workshop 4</b> HOW TO ASSESS THE PSYCHOSOCIAL NEEDS IN THE CLINICAL ENCOUNTER Tutors: <b>F. Snoek, The Netherlands</b> <b>M. De Wit, The Netherlands</b>	<b>Hall E</b>
15:00 – 17:30	<b>WS5: Workshop 5</b> PEER-LED SELF –MANAGEMENT IN CHRONIC DISEASES Tutor: <b>K. Lorig, USA</b>	<b>Hall F</b>
17:30	<i>Break</i>	
18:00	<b>Opening Session</b>  INTRODUCTION <b>A. Maldonato, Italy</b>	<b>Hall A</b>
18:30	FROM SELF-WRITING TO STAGE PLAYING: SUPPORT AND EDUCATION FOR PEOPLE WITH CANCER <b>N. Piana, Italy</b>  <i>AND AGAIN WE DANCE OUR LIVES</i> Performance by <b>Le Griots</b>	
19:30	Get Together Reception	

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**THURSDAY, NOVEMBER 6, 2008**

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09:00 – 17:00	<b>4<sup>TH</sup> International Dawn Summit</b>	<b>Hall A</b>
09:00 – 09:15	WELCOME AND SUMMIT INTRODUCTION <b>D. Matthews</b> , UK <b>M. Silink</b> , Australia	
09:15 – 09:30	GLOBAL UPDATE OF DAWN ACTIVITIES <b>S. Skovlund</b> , Denmark	
09:30 – 10:15	REGIONAL PERSPECTIVES ON IMPLEMENTING THE DAWN CALL TO ACTION: UK, INDIA, ARGENTINA <b>S. Heller and Team</b> , UK <b>S. Kalra</b> , India <b>J.J. Gagliardino</b> , Argentina	
10:15 – 11:00	DAWN MIND: A MULTINATIONAL INITIATIVE TO MONITOR AND ADDRESS INDIVIDUAL PSYCHOSOCIAL NEEDS IN PEOPLE WITH DIABETES <b>F. Snoek</b> , The Netherlands <b>L. Dobson</b> , Denmark	
11:00 – 11:30	<i>Break and Poster Session</i> <i>Interactive display of better practices for patient-centred healthcare</i>	
11:30 – 12:30	DAWN YOUTH: A NEW GLOBAL PROGRAMME TO IMPROVE PSYCHOSOCIAL SUPPORT FOR YOUNG PEOPLE WITH DIABETES <b>T. Danne</b> , Germany <b>B. Anderson</b> , USA <b>International Diabetes Youth Panellists</b>	
12:30 – 13:30	<i>Lunch Break and Poster Session</i> <i>Interactive display of better practices for patient-centred healthcare</i>	
13:30 – 14:00	AN UPDATE ON LEADING MODELS FOR BEHAVIOURAL AND PSYCHOSOCIAL CHANGE <b>M. Peyrot</b> , USA	
14:00 – 15:00	PUTTING PEOPLE CENTRE STAGE: DEFINING AND IMPLEMENTING PATIENT-CENTRED DIABETES CARE <i>A roundtable-based session involving interactive dialogue and electronic voting</i>  Moderator: <b>R. Colagiuri</b> , Australia Patient perspective: <b>M. Weiss</b> , USA Policy maker perspective: <b>P. Pisanti</b> , MoH, Italy Patient-centred health care: <b>J. Groves</b> , UK	
15:00 – 15:30	<i>Break and Poster Session</i> <i>Interactive display of better practices for patient-centred healthcare</i>	

**4<sup>TH</sup> International Dawn Summit (Cont.)**

**Hall A**

15:30 – 16:40

PUTTING PEOPLE CENTRE STAGE:  
MEASURING PROGRESS AND COMMITTING TO CHANGING DIABETES  
ONE PERSON AT A TIME  
*A roundtable-based session involving interactive dialogue and electronic voting*

Moderator: **R. Colagiuri**, Australia  
International Panel Discussion

16:40 – 17:00

THE WAY FORWARD: PERSONAL AND GLOBAL COMMITMENTS TO CHANGE  
**L. Kingo**, Denmark  
**M. Silink**, Australia

17:00

MEETING CLOSE  
**D. Matthews**, UK

08:30 – 10:30	<b>PL1: Plenary Session 1</b> DIRECTIVE AND NON-DIRECTIVE APPROACHES TO BEHAVIOUR CHANGE	<b>Hall A</b>
08:40	FROM DIABETES SELF-MANAGEMENT EDUCATION TO LONG-TERM SUPPORT IN THE EMPOWERMENT PERSPECTIVE <b>M. Funnell</b> , USA	
09:15	TO DIRECT OR NOT TO DIRECT, THAT IS THE QUESTION <b>K. Asimakopoulou</b> , UK	
09:50	THE STRATEGIC APPROACH FOR HEALTHY BEHAVIOUR CHANGES <b>G. Nardone</b> , Italy	
10:30	<i>Coffee Break, Exhibition and Poster Demonstrations</i>	

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11:00 – 12:30	<b>RT1: Round Table 1</b> NOVEL APPROACHES TO CHILDREN AND ADOLESCENTS	<b>Hall A</b>
	THERAPEUTIC EDUCATION PROGRAMS FOR CHILDREN WITH DIABETES <b>B. Anderson</b> , USA	
	USE OF INTERNET FOR EXCHANGES (CHATS, BLOGS...) <b>L. Kleinbreil</b> , France	
	OBESE CHILDREN'S ACCOUNT OF INTERVENTION IMPACT <b>J. Hester</b> , UK	
	THE MIND PROJECT FOR CHILDREN WITH DM <b>M. de Wit, F.J. Snoek</b> , The Netherlands	

11:00 – 12:30	<b>OC1: Oral Communication 1</b> EMPOWERMENT AND MOTIVATION TO CHANGE BEHAVIOURS	<b>Hall B</b>
11:00	PARTICIPANTS' PERCEPTIONS OF THE EFFECT OF A STRUCTURED EDUCATION PROGRAMME ON THEIR MANAGEMENT OF TYPE 1 DIABETES <b>K. Murphy</b> , Ireland	
11:15	EMPOWERING CANCER SURVIVORS IN MANAGING THEIR CANCER JOURNEY: A SURVIVOR CENTRED EDUCATION STRATEGY FOR SELF MANAGEMENT <b>A. Jusko Friedman</b> , Canada	
11:30	SUPPORTING ONGOING SELF-MANAGEMENT IN "REAL-WORLD" SETTINGS: AN EMPOWERMENT-BASED INTERVENTION <b>T. Tang</b> , USA	
11:45	A MULTIDIMENSIONAL APPROACH HELPS PATIENTS TO LEARN AND CHANGE <b>G. Lager</b> , Switzerland	
12:00	SPORTS AND DIABETES. DIATLETIC: PUTTING THEORY INTO PRACTICE <b>M.C. Marín</b> , Spain	
12:15	DISCUSSION	
12:30	<i>Lunch Break, Exhibition and Poster Discussions</i>	
12:45 – 13:45	Poster Discussion A (Topics 1-6)	<b>Poster Area</b>
14:00 – 15:30	<b>RT2: Round Table 2</b> SHARED DECISION MAKING  RISK: HOW DO WE AND PATIENTS INTERPRET IT? TRANSLATING RESULTS TO PATIENTS <b>A. Brooks</b> , UK  EBM AND SHARING DECISIONS WITH PATIENTS <b>C. Cates</b> , UK  HOW MUCH EVIDENCE BASED INFORMATION IS NECESSARY IN PATIENT EDUCATION <b>I. Mülhauser</b> , Germany	<b>Hall A</b>

14:00 – 15:30	<b>OC2: Oral Communication 2</b> PSYCHO SOCIAL SUPPORT AND NOVEL APPROACHES TO EDUCATION	<b>Hall B</b>
14:00	PALLIATIVE CANCER PATIENTS' EXPERIENCE OF ATTENDING GROUP EXERCISE TRAINING <b>L. Oldervoll</b> , Norway	
14:15	DEALING WITH UNCERTAINTY: AN OUTPATIENT GROUP EDUCATION PROGRAMME DEVELOPED FOR AND WITH INSULIN PUMP TREATED DIABETIC PATIENTS <b>M. Egli</b> , Switzerland	
14:30	A NEW PATIENT EDUCATION OBESITY PROGRAM ADDING UP THE ADVANTAGES OF GROUP AND INDIVIDUAL SESSIONS <b>V. Barthassat</b> , Switzerland	
14:45	CAN A REALITY T.V. SHOW IMPROVE ATTITUDES TOWARD OBESITY AND HEALTHY HABITS? THE CASE OF ARGENTINA'S "CUESTIÓN DE PESO" <b>A. Cormillot</b> , Argentina	
15:00	FACILITATING PSYCHOSOCIAL ADAPTATION TO LIFESTYLE CHANGE USING THE BRIDGES DIABETES PEER SUPPORT GROUP MODEL <b>E.P. Haltiwanger</b> , USA	
15:15	D-PROJECT: VOLUNTEERS WITH T1 DIABETES GO TO SCHOOL TO BECOME DIABETES BIOGRAPHERS <b>D. Bloise</b> , Italy	
15:30	<i>Coffee Break, Exhibition and Poster Demonstrations</i>	

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16:00 – 17:30	<b>RT3: Round Table 3</b> PREVENTIVE AND THERAPEUTIC EDUCATION: OPTIMISING RESOURCE USE	<b>Hall A</b>
	AN ACTION OF PUBLIC HEALTH ADMINISTRATION TO IMPROVE CHRONIC DISEASE CARE <b>P. Pisanti</b> , Italy	
	TPE IN EMERGENCY SITUATIONS <b>I. Harman-Boehm</b> , Israel	
	COST-EFFECTIVENESS OF TPE <b>A. Golay</b> , Switzerland	
	LONG-TERM LIFESTYLE CHANGES AFTER THE DIABETES PREVENTION PROGRAM <b>L. Hiiltunen</b> , Finland	

16:00 – 17:30	<b>OC3: Oral Communication 3</b> ORGANISATION OF TPE AND EVALUATION OF RESULTS	<b>Hall B</b>
16:00	PROJECT LEONARDO: A PATIENT EMPOWERMENT APPROACH BASED ON THE CHRONIC CARE MODEL AND PLACED INTO THE GENERAL PRACTICE SETTING <b>A. Musilli</b> , Italy	
16:15	PROVIDING COMMUNITY BASED DIABETES EDUCATION FOR PATIENTS WITH TYPE 2 DIABETES CURRENTLY WITH LIMITED ACCESS TO DIABETES SERVICES <b>A. Clarke</b> , Ireland	
16:30	MEASURING OUTCOMES OF DIABETES EDUCATION - LITERATURE REVIEW AND CRITICAL APPRAISAL OF TOOLS <b>R. Colagiuri</b> , Australia	
16:45	ELIPS®: EDUCATIONAL THERAPEUTIC PROGRAM TO FIGHT MYOCARDIAL INFARCTION AND ATHEROSCLEROSIS <b>V. Barthassat</b> , Switzerland	
17:00	LEARNING TO LIVE WITH A CHILD WITH DIABETES – PROBLEMS RELATED TO IMMIGRATION AND CROSS-CULTURAL EDUCATION AND SUPPORT <b>L. Povlsen</b> , Sweden	
17:15	DISCUSSION	

08:30 – 10:20	<b>PL2: Plenary Session 2</b> THE EFFECTIVENESS OF PEER SUPPORT AND EDUCATION	<b>Hall A</b>
	Chairperson: <b>A. Baksi</b> , UK	
08:30	WHO DEVELOPING STANDARDS FOR PEER SUPPORT EDUCATION <b>G. Xuereb</b> , Malta	
09:05	PEER SUPPORT MODELS TO IMPROVE DIABETES SELF-MANAGEMENT <b>M. Heisler</b> , USA	
09:40	CHRONIC DISEASE SELF-MANAGEMENT PROGRAMMES <b>K. Lorig</b> , USA	
10:20	<i>Coffee Break, Exhibition and Poster Demonstrations</i>	

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10:50 – 12:30	<b>RT4: Round Table 4</b> THE BENEFITS OF SELF-EXPRESSION IN CHRONIC DISEASE	<b>Hall A</b>
	THE <i>HEALING</i> POWER OF SELF-WRITING <b>E. Halban</b> , Switzerland	
	THE POWER OF ENGAGING IN ADVOCACY <b>A. Nielsen</b> , Denmark	
	THE POWER OF RUNNING TOGETHER: <i>I MOVE MY LIFE</i> <b>P.P. De Feo, S. Galbiati</b> , Italy	
	THE SENSE OF PAINTING FOR PEOPLE WITH A CHRONIC DISEASE <b>T. Assal</b> , Switzerland	

10:50 – 12:30	<b>OC4: Oral Communication 4</b> (MULTI)-NATIONAL PROJECTS	<b>Hall B</b>
10:50	GROWTH OF STRUCTURED EDUCATION FOR PATIENTS WITH TYPE 1 DIABETES IN UK <b>J. Everett</b> (on behalf of Diabetes Education Network), UK	
11:05	AADE7™ SELF CARE BEHAVIORS - THEORY AND EVIDENCE FOR DIABETES SELF-MANAGEMENT EDUCATION <b>A. Gonzalez</b> , USA	
11:20	THE DAWN STUDY IN ITALY <b>M. Comaschi</b> , Italy	
11:35	DIABETES OBSERVATORY: PERCEPTION AND REAL LIFE EXPERIENCES OF 1092 PATIENTS WITH DIABETES MELLITUS TYPE 2 (DT2) <b>G. Hochberg</b> , France	
11:50	ESTABLISHING A SCIENTIFIC NETWORK AND DATABASE FOR PATIENT SELF-MANAGEMENT PROGRAMMES - LOOKING FOR PARTNERS <b>M. Lenz</b> , Germany	
12:05	DIABETES CAMPS IN THE PHASE OF TRANSITION: ADOLESCENTS' QUALITY OF LIFE, METABOLIC CONTROL AND SATISFACTION WITH LONG-TERM CARE <b>K. Lange</b> , Germany	
12:20	DISCUSSION	
12:30	<i>Lunch Break, Exhibition and Poster Discussions</i>	
12:45 – 13:45	Poster Discussion B (Topics 7-12) Chairperson:	<b>Poster Area</b>

14:00 – 15:50	<b>PL3: Plenary Session 3</b>	<b>Hall A</b>
14:00	RESEARCH IN TPE: INTEGRATING QUANTITATIVE AND QUALITATIVE METHODS <b>A. Maldonato</b> , Italy	
14:35	WHAT CAN WE LEARN FROM GREAT PEDAGOGISTS OF THE PAST? <b>J-P. Assal</b> , Switzerland	
15:10	2 <sup>ND</sup> J-P. ASSAL-DESG LECTURE Introduction : <b>J. Boavida</b> , Portugal EDUCATING SCIENCE: CLOSING THE LOOP BETWEEN SCIENCE AND PATIENT EDUCATION <b>P.A. Halban</b> , Switzerland	
15:50 – 16:00	CLOSING REMARKS	