

Wednesday, November 5, 2008

15:00-17:30

Hall B

Workshop 1:

THE EMPOWERMENT APPROACH TO GROUP EDUCATION

Chairpersons: **Robert M. Anderson, USA**
 Martha M. Funnell, USA

During this workshop we will examine empowerment as a patient-centered, collaborative approach to diabetes care and education designed to facilitate self-directed behavior change, psychosocial adaptation and improved quality of life. Most health behavior change theories and traditional approaches to patient education are viewed as means of influencing the behavior of patients to improve their diabetes self-management decisions, i.e. follow the recommendations of health professionals. Often the focus of the health professional is almost entirely on improving clinical parameters. Empowerment on the other hand is grounded in, and honors patients' lived experience of having diabetes and their right to decide how to care for it on a daily basis. This approach also recognizes the potent impact that the philosophy and interpersonal skills of the diabetes educator have on both the process and outcomes of diabetes education. Patients are helped to identify and choose behavior changes that will help them improve their quality of life and achieve their own diabetes care goals. The empowerment approach to group education was developed by systematically adapting the philosophy, techniques, and skills of the one-to-one empowerment approach for use in group settings. The result was a radical departure from traditional Diabetes Self-Management Education group classes. We have used this approach successfully in over 650 individual group classes. The workshop will include lectures, research results, small and large group discussions, videotape demonstration and practice.

** Pre-registration required with additional cost*

Wednesday, November 5, 2008

15:00-17:30

Hall C

Workshop 2:

USING THE AUTOBIOGRAPHICAL APPROACH IN PATIENT EDUCATION

Chairpersons: **Natalia Piana, *Italy***
Giannermete Romani, *Italy*

The workshop aims at presenting the narrative autobiographic approach, on one hand describing its origins and the theory of its use of a tool in education and in disease care; on the other hand trying to build together with participants a “mini autobiographical kit” to be used in each one’s professional activity. Participants will be invited to a personal experience of what they will then be able to use in the education of their patients.

** Pre-registration required with additional cost*

Wednesday, November 5, 2008

15:00-17:30

Hall D

Workshop 3:

PROVISION OF FAMILY-CENTRED PSYCHOSOCIAL SUPPORT

Chairperson: **Barbara J. Anderson, USA**

** Pre-registration required with additional cost*

Wednesday, November 5, 2008

15:00-17:30

Hall E

Workshop 4:

HOW TO ASSESS THE PSYCHOSOCIAL NEEDS IN THE CLINICAL ENCOUNTER

Chairpersons: **Frank J. Snoek**, *The Netherlands*
Maartje de Wit, *The Netherlands*

Psychological and social factors are known to play a key role in coping with the demands of chronic illness and patients' self-regulatory behaviours. Including psychosocial assessment in the daily clinical practice has therefore often been advocated, but is rarely practiced for a variety of reasons. There is confusion about which factors or domains to assess, as well as which instruments to use. Clinicians may feel uncertain about interpreting psychological outcomes and how to decide on further steps in the clinical management. Often time is limited in busy clinics. In this workshop the topic of psychological assessment will be addressed, both from a psychometric and clinical perspective, with ample room for discussion and interaction. Examples will be provided of computerised, office-based needs assessment in youth and adults, taking diabetes an example.

* *Pre-registration required with additional cost*

Wednesday, November 5, 2008

15:00-17:30

Hall F

Workshop 5:

PEER-LED SELF-MANAGEMENT IN CHRONIC DISEASES

Chairperson: **Kate Lorig, USA**

** Pre-registration required with additional cost*

Wednesday, November 5, 2008

18:00-19:30

Hall A

OPENING SESSION

Chairperson: **Aldo Maldonato**, *Italy*

18:00 **INTRODUCTION**
A. Maldonato, *Italy*

18:30 **FROM SELF-WRITING TO STAGE PLAYING:
SUPPORT AND EDUCATION FOR PEOPLE WITH
CANCER**
N. Piana, *Italy*

18:45 **..AND MY DANCE OF LIFE GOES ON**
Le Griots*

19:30 Get Together Reception

**For further information on Le Griots please see page
XIV.*

Thursday, November 6, 2008

08:30-17:15

Hall A

4TH INTERNATIONAL DAWN SUMMIT

- 08:30 **WELCOME AND SUMMIT INTRODUCTION**
D. Matthews, *UK*
L. Kingo, *Denmark*
M. Silink, *Australia*
- 09:00 **GLOBAL UPDATE OF DAWN ACTIVITIES**
S. Skovlund, *Denmark*
- 09:15 **REGIONAL PERSPECTIVES ON IMPLEMENTING THE DAWN CALL TO ACTION: UK, INDIA, ARGENTINA**
S. Heller, *UK*
S. Kalra, *India*
J.J. Gagliardino, *Argentina*
- 10:05 Coffee Break and Poster Session
Interactive display of better practices for patient-centred healthcare
- 10:35 **DAWN MIND: A MULTINATIONAL INITIATIVE TO MONITOR AND ADDRESS INDIVIDUAL PSYCHOSOCIAL NEEDS IN PEOPLE WITH DIABETES**
F.J. Snoek, *The Netherlands*
L. Dobson, *Denmark*
- 11:20 **DAWN YOUTH: A NEW GLOBAL PROGRAMME TO IMPROVE PSYCHOSOCIAL SUPPORT FOR YOUNG PEOPLE WITH DIABETES**
T. Danne, *Germany*
B. Anderson, *USA*
International DAWN Youth Panellists
- 12:30 Lunch Break and Poster Session
Interactive display of better practices for patient-centred healthcare
- 13:30 **PUTTING PEOPLE CENTRE-STAGE: EVIDENCE-BASED FRAMEWORK FOR FACILITATING DIABETES SELF-MANAGEMENT**
M. Peyrot, *USA*

Thursday, November 6, 2008

08:30-17:00

Hall A

4TH INTERNATIONAL DAWN SUMMIT(cont.)

- 14:00 **PUTTING PEOPLE CENTRE STAGE: DEFINING AND IMPLEMENTING PATIENT-CENTRED DIABETES CARE**
A roundtable-based session involving interactive dialogue and electronic voting
R. Colagiuri, Australia
M. Weiss, USA
T. Lauritzen, Denmark
J. Groves, UK
P. Pisanti, Italy
- 15:00 Coffee Break and Poster Session
Interactive display of better practices for patient-centred healthcare
- 15:30 **PUTTING PEOPLE CENTRE STAGE: MEASURING PROGRESS AND COMMITTING TO CHANGING DIABETES ONE PERSON AT A TIME**
A roundtable-based session involving interactive dialogue and electronic voting
R. Colagiuri, Australia
International Panel Discussion
- 16:30 **THE WAY FORWARD: PERSONAL AND GLOBAL COMMITMENTS TO CHANGE**
M. Silink, Australia
C. Ersboell, Denmark
- 17:10 **MEETING CLOSE**
D. Matthews, UK

Friday, November 7, 2008

08:30-10:30

Hall A

Plenary Session I:

DIRECTIVE AND NON-DIRECTIVE APPROACHES TO BEHAVIOUR CHANGE

Chairpersons: **Robert M. Anderson, USA**
 Norbert Hermanns, Germany

08:30 **INTRODUCTION**

08:40 **FROM SELF-MANAGEMENT EDUCATION TO LONG-TERM SUPPORT FROM THE EMPOWERMENT PERSPECTIVE**
 M.M. Funnell, USA

09:15 **TO DIRECT OR NOT TO DIRECT, THAT IS THE QUESTION**
 K. Asimakopoulou, UK

09:50 **THE STRATEGIC APPROACH FOR HEALTHY BEHAVIOUR CHANGES**
 G. Nardone, Italy

10:30 Coffee Break, Exhibition and Poster Demonstrations

Friday, November 7, 2008

11:00-12:30

Hall A

Round Table I:

**PREVENTIVE AND THERAPEUTIC EDUCATION:
OPTIMISING RESOURCE USE**

Chairpersons: **Amparo Gonzalez, USA**
 Helen Mosnier-Pudar , France

- 11:00 **AN ACTION OF PUBLIC HEALTH ADMINISTRATION
 TO IMPROVE CHRONIC DISEASE CARE**
 P. Pisanti, Italy
- 11:20 **TPE IN EMERGENCY SITUATIONS**
 I. Harman-Boehm, Israel
- 11:40 **COST-EFFECTIVENESS OF THERAPEUTIC
 PATIENT EDUCATION**
 A. Golay, Switzerland
- 12:00 **LONG-TERM LIFESTYLE CHANGES AFTER THE
 DPP**
 L. Hiiltunen, Finland
- 12:20 **DISCUSSION**
- 12:30 Lunch Break, Exhibition and Poster Discussions
 (Topics 1-6)

Friday, November 7, 2008

11:00-12:30

Hall B

Oral Communications I:

PSYCHO SOCIAL SUPPORT AND NOVEL APPROACHES TO EDUCATION

Chairpersons: **Natalia Piana, *Italy***
Juan Ruiz, *Switzerland*

- 11:00 **PALLIATIVE CANCER PATIENTS' EXPERIENCE OF ATTENDING GROUP EXERCISE TRAINING**
G. Nybø, C. Marini, A. Bye, L. Oldervoll, *Norway*
- 11:15 **DEALING WITH UNCERTAINTY: AN OUTPATIENT GROUP EDUCATION PROGRAMME DEVELOPED FOR AND WITH INSULIN PUMP TREATED DIABETIC PATIENTS**
M. Egli, C. Montreuil, M. Andrey, J. Ruiz, *Switzerland*
- 11:30 **A NEW PATIENT EDUCATION OBESITY PROGRAM ADDING UP THE ADVANTAGES OF GROUP AND INDIVIDUAL SESSIONS**
V. Barthassat, V. Schwarz, M. Garcia, E. Harsch-Bobbioni, F. Amati, M. Nguyen, A. Golay
Switzerland
- 11:45 **CAN A REALITY T.V. SHOW IMPROVE ATTITUDES TOWARD OBESITY AND HEALTHY HABITS? THE CASE OF ARGENTINA'S "CUESTIÓN DE PESO"**
A. Cormillot, A. Cormillot, S. Alessandrello, *Argentina*
- 12:00 **FACILITATING PSYCHOSOCIAL ADAPTATION TO LIFESTYLE CHANGE USING THE BRIDGES DIABETES PEER SUPPORT GROUP MODEL**
E.P. Haltiwanger, *USA*
- 12:15 **D-PROJECT: VOLUNTEERS WITH T1 DIABETES GO TO SCHOOL TO BECOME DIABETES BIOGRAPHERS**
D. Bloise, N. Piana, P. Tatti, A. Maldonato, *Italy*
- 12:30 Lunch Break, Exhibition and Poster Discussions (Topics 1-6)

Friday, November 7, 2008

14:00-15:30

Hall A

Round Table II:

SHARED DECISION MAKING

Chairpersons: **Kate Lorig, USA**
 Frank J. Snoek, The Netherlands

14:00 **RISK: HOW DO WE AND PATIENTS INTERPRET IT.
 TRANSLATING RESULTS TO PATIENTS**
 A. Brooks, UK

14:20 **EVIDENCE AND CHANGING PRACTICE**
 C. Cates, UK

14:40 **HOW MUCH EVIDENCE-BASED INFORMATION IS
 NECESSARY IN PATIENT EDUCATION?**
 I. Mühlhauser, Germany

15:00 **SHARING HEALTH DECISIONS: A PATIENT'S
 PERSPECTIVE**
 I. Brorly, Denmark

15:20 **DISCUSSION**

15:30 Coffee Break, Exhibition and Poster Demonstrations

Friday, November 7, 2008

14:00-15:30

Hall B

Oral Communications II:

EMPOWERMENT AND MOTIVATION TO CHANGE BEHAVIOURS

Chairpersons: **Martha M. Funnell, USA**
Alain Golay, Switzerland

- 14:00 **PARTICIPANTS' PERCEPTIONS OF THE EFFECT OF A STRUCTURED EDUCATION PROGRAMME ON THEIR MANAGEMENT OF TYPE 1 DIABETES**
K. Murphy, D. Casey, S. Dineen, J. Lawton, C. Bradley, F. Brown, *Ireland, UK*
- 14:15 **EMPOWERING CANCER SURVIVORS IN MANAGING THEIR CANCER JOURNEY: A SURVIVOR CENTRED EDUCATION STRATEGY FOR SELF MANAGEMENT**
A. Jusko Friedman, S. Secord, P. Catton, *Canada*
- 14:30 **SUPPORTING ONGOING SELF-MANAGEMENT IN "REAL-WORLD" SETTINGS: AN EMPOWERMENT-BASED INTERVENTION**
T. Tang, M. Funnell, M. Brown, J. Kurlander, *USA*
- 14:45 **A MULTIDIMENSIONAL APPROACH HELPS PATIENTS TO LEARN AND CHANGE**
G. Lagger, A. Golay, A. Giordan, *Switzerland*
- 15:00 **SEARCHING FOR KEYSTONES IN DIABETES SPECIFIC CHANGE COUNSELLING: LESSONS LEARNED FROM AN EMPOWERMENT BASED GROUP EDUCATION PROGRAMME**
H. Bastiaens, P. Snaert, L. Symons, L. Jenkins, E. Vermeire, B. Sabbe, P. Van Royen, *Belgium*
- 15:15 **SPORTS AND DIABETES. DIATLETIC: PUTTING THEORY INTO PRACTICE**
M.C. Marín, J. Picazos, S. Murillo, R. Arana, *Spain*
- 15:30 Coffee Break, Exhibition and Poster Demonstrations

Friday, November 7, 2008

16:00-17:30

Hall A

Round Table III:

NOVEL APPROACHES TO CHILDREN AND ADOLESCENTS

Chairpersons: **Luis Caliari**, *Brazil*
 Renata Lorini, *Italy*

16:00 **THERAPEUTIC EDUCATION PROGRAMS FOR CHILDREN WITH DIABETES**
 B. Anderson, *USA*

16:20 **USE OF INTERNET FOR EXCHANGES (CHATS, BLOGS...)**
 L. Kleinbreil, *France*

16:40 **OBESE CHILDREN'S ACCOUNTS OF INTERVENTION IMPACT**
 J. Hester, *J. Mckenna*, *P. Gately*, *UK*

17:00 **THE MIND PROJECT FOR CHILDREN WITH DIABETES MELLITUS**
 M. de Wit, **F. Snoek**, *The Netherlands*

17:20 **DISCUSSION**

Friday, November 7, 2008

16:00-17:30

Hall B

Oral Communications III:

ORGANISATION OF TPE AND EVALUATION OF RESULTS

Chairpersons: **Ruth Colagiuri**, *Australia*
David Mathews, *UK (Tbc)*

- 16:00 **PROJECT LEONARDO: A PATIENT EMPOWERMENT APPROACH BASED ON THE CHRONIC CARE MODEL AND PLACED INTO THE GENERAL PRACTICE SETTING**
A. Aquilino, E. Mola, **A. Musilli**, M. Panfilo, R. Rollo, *Italy*
- 16:15 **ORGANISATIONS OF THERAPEUTIC EDUCATION FOR DIABETES IN FRENCH HOSPITALS**
H. Mosnier-Pudar, G. Hochberg, G. Reach, D. Simon, S. Halimi, *French Guiana, France*
- 16:30 **PROVIDING COMMUNITY BASED DIABETES EDUCATION FOR PATIENTS WITH TYPE 2 DIABETES CURRENTLY WITH LIMITED ACCESS TO DIABETES SERVICES**
A. Clarke, *Ireland*
- 16:45 **MEASURING OUTCOMES OF DIABETES EDUCATION - LITERATURE REVIEW AND CRITICAL APPRAISAL OF TOOLS**
C. Eigenmann, **R. Colagiuri**, T.C. Skinner, *Australia*
- 17:00 **ELIPS®: EDUCATIONAL THERAPEUTIC PROGRAM TO FIGHT MYOCARDIAL INFARCTION AND ATHEROSCLEROSIS**
P.F. Keller, **V. Barthassat**, F. Scherrer, A. Golay, F. Mach, G. Lagger, *Switzerland*
- 17:15 **LEARNING TO LIVE WITH A CHILD WITH DIABETES - PROBLEMS RELATED TO IMMIGRATION AND CROSS-CULTURAL EDUCATION AND SUPPORT**
L. Povlsen, K.C. Ringsberg, *Sweden*

Saturday, November 8, 2008

08:30-10:20

Hall A

Plenary Session II:

THE EFFECTIVENESS OF PEER SUPPORT AND EDUCATION

Chairpersons: **Arun Baksi, UK**
 Michael Weiss, USA

08:30 **WHO PEER SUPPORT PROGRAMMES IN DIABETES**

G.C. Xuereb, Switzerland

09:05 **PEER SUPPORT MODELS TO IMPROVE DIABETES SELF-MANAGEMENT**

M. Heisler, USA

09:40 **CHRONIC DISEASE SELF-MANAGEMENT PROGRAMMES**

K. Lorig, USA

10:20 Coffee Break, Exhibition and Poster Demonstrations

Saturday, November 8, 2008

10:50-12:30

Hall A

Round Table IV:

THE BENEFITS OF SELF-EXPRESSION IN CHRONIC DISEASE

Chairpersons: **Jean-Philippe Assal**, *Switzerland*
Barbara J. Anderson, *USA*

- 10:50 **THE HEALING POWER OF SELF-WRITING**
E. Halban, *Switzerland*
- 11:10 **THE POWER OF ENGAGING IN ADVOCACY**
A. Nielsen, *Denmark*
- 11:30 **THE POWER OF RUNNING TOGETHER:**
I MOVE MY LIFE
P. De Feo, G. Romani, *Italy*
- 11:50 **THE SENSE OF PAINTING FOR PEOPLE WITH A CHRONIC DISEASE**
T. Assal, *Switzerland*
- 12:10 **DISCUSSION**
- 12:30 Lunch Break, Exhibition and Poster Discussions (Topics 7-11)

Saturday, November 8, 2008

10:50-12:30

Hall B

Oral Communications IV: (MULTI-) NATIONAL PROJECTS

Chairpersons: **Sue Cradock, UK**
Donna Rice, USA

- 10:50 **GROWTH OF STRUCTURED EDUCATION FOR PATIENTS WITH TYPE 1 DIABETES IN UK**
J. Everett (on behalf of Diabetes Education Network),
F. Campbell, D. Cavan, S. Cradock,
S. Dinneen, C. Gelder, H. Loughnane, S. Lucas,
J. Roland, B. Turner, *UK, Ireland*
- 11:05 **AADE7™ SELF CARE BEHAVIORS - THEORY AND EVIDENCE FOR DIABETES SELF-MANAGEMENT EDUCATION**
A. Gonzalez, D. Rice, L. Vukovljak, *USA*
- 11:20 **THE DAWN STUDY IN ITALY**
M. Comaschi, A. Arcangeli, P. Cavallo Perin,
D. Cucinotta, M. Massi Benedetti, P. Pisanti, G. Sesti,
U. Valentini, R. Vigneri, M. Abis, D. Goffetti, *Italy*
- 11:35 **DIABETES 'OBSERVATORY: PERCEPTION AND REAL LIFE EXPERIENCES OF 1092 PATIENTS WITH DIABETES MELLITUS TYPE 2 (DT2)**
G. Hochberg, S. Dejager, E. Eschwege,
P.J. Guillausseau, S. Halimi, O. Peixoto, M. Virally,
H. Mosnier-Pudar, *France*
- 11:50 **ESTABLISHING A SCIENTIFIC NETWORK AND DATABASE FOR PATIENTSELF-MANAGEMENT PROGRAMMES - LOOKING FOR PARTNERS**
M. Lenz, J. Kasper, I. Mühlhauser, *Germany*
- 12:05 **DIABETES CAMPS IN THE PHASE OF TRANSITION: ADOLESCENTS' QUALITY OF LIFE, METABOLIC CONTROL AND SATISFACTION WITH LONG-TERM CARE**
K. Lange, H. Sassmann, K. Walte, C. Ziegler,
T. Danne, *Germany*
- 12:20 **DISCUSSION**
- 12:30 Lunch Break, Exhibition and Poster Discussions (Topics 7-11)

Saturday, November 8, 2008

14:00-16:00

Hall A

Plenary Session III:

FOR AN INTEGRATION BETWEEN SCIENCE AND HUMANITIES

Chairpersons: **Anne-Marie Felton, UK**
José Manuel Boavida, Portugal

- 14:00 **RESEARCH IN THERAPEUTIC PATIENT EDUCATION: CURRENT CHALLENGES**
A. Maldonato, Italy
- 14:35 **WHAT CAN WE LEARN FROM GREAT PEDAGOGISTS OF THE PAST?**
J-P. Assal, Switzerland
- 15:10 **DESG LECTURE: INTRODUCTION**
J-M. Boavida, Portugal
- 15:15 **EDUCATING SCIENCE: CLOSING THE LOOP BETWEEN SCIENCE AND PATIENT EDUCATION**
P.A. Halban, Switzerland
- 15:45 **CLOSING REMARKS**

POSTER TOOL / METHOD DEMONSTRATIONS

Demonstrations to be held during the following coffee breaks:

Friday, November 7, 2008 10:30 – 11:00

Friday, November 7, 2008 15:30 – 16:00

Saturday, November 8, 2008 10:20 – 10:50

Booth No

- A **THE TEN MINUTE CONSULT**
T. Pearson, J. Meece, *USA*
- B **A GAME FOR SMOKERS THERAPEUTIC EDUCATION**
Y. Khazaal, R. Manghi, D. Zullino, *Switzerland*
- C **THERAPEUTIC EDUCATION; A TOOL FOR TREATMENT OF ATOPY**
C. Taieb, C. Gelmetti, C. Segard, M. Ambonati, *France, Italy*
- D **A NEW TOOL FOR THERAPEUTIC EDUCATION: THE 7 HAPPY FEET GAME**
C. Masclet-Bertrand, S. Masclet-Bertrand, É. Hamon, M.É. Stutzmann, P. Johary, C. Garcia, **J.P. Le Berre**, *France*
- E **DEVELOPING WEB-BASED PATIENT INFORMATION USING CONSUMER INVOLVEMENT FOR INSULIN PUMP USERS**
J. Everett, P. Harding, C. Harding, *UK*
- F **A WEBSITE FOR CHILDREN AND ADOLESCENTS WITH DIABETES**
V. Salaverria, M.C. Marín, R. Arana, J. Alvarez, E. Colino, F.J. Hurtado, I. Lorente, O. Sanz, L. Herranz, J. Mancisidor, P. Miranda, *Spain*
- G **ART THERAPY GROUPS FOR CHILDREN WITH DIABETES AND THEIR PARENTS**
N. Mor, R. Ofan, P. Lilos, E. Mittleman, M. Phillip, *Israel*

POSTER TOOL / METHOD DEMONSTRATIONS (Cont.)

Demonstrations to be held during the following coffee breaks:

Friday, November 7, 2008 10:30 – 11:00

Friday, November 7, 2008 15:30 – 16:00

Saturday, November 8, 2008 10:20 – 10:50

Booth No

- H **EDUCAGIOCANDO: A USEFUL TOOL TO IMPROVE A HEALTHY LIFESTYLE IN CHILDREN**
S. Casucci, P. De Feo, D. Fruttini, M. Perna, N. Visalli, S. Frontoni, *Italy*
- I **FOOD FOR DISCUSSION: HOW TO GET A GOOD SELF-MANAGEMENT SUPPORT PROGRAM ACTUALLY USED IN DAILY PRACTICE IN PRIMARY CARE**
A. Ovink, E. Denis, E. Heinrich, B. Vrijhoef, C. Spreeuwenberg, N. De Vries, N. Schaper, *The Netherlands*
- J **DOWNYOURDRINK: A PATIENT-CENTRED WEB-BASED INTERVENTION FOR HAZARDOUS DRINKERS**
E. Murray, S. Linke, Z. Khadjesari, J. McCambridge, P. Wallace, *UK*
- J **THE DYD-RCT PILOT: AN ON-LINE TRIAL OF AN ON-LINE INTERVENTION FOR HAZARDOUS DRINKERS**
E. Murray, Z. Khadjesari, C. Godfrey, I. White, S. Thompson, P. Wallace, *UK*
- K **EVALUATION OF DOCTOR/TYPE 2 DIABETES PATIENT COMMUNICATION TOOL AT INSULIN INTRODUCTION DEVELOPED BY DAWN JAPAN STUDY GROUP**
H. Ishii, N. Tajima, Y. Iwamoto, *Japan*

Poster Theme 1:

EVIDENCE-BASED TPE AND EVALUATION OF RESULTS

(Board Numbers 1-10, Poster Discussion A1)

Chairperson: **Jean-Francois D'Ivernois**, *France*

Board No

- 1 **MEASURING PATIENT CENTRED DIABETES CARE**
U.B. Löfgren, S. Gudbjornsdottir, S. Björk, P. Roos,
Sweden
- 2 **ASSESSING THE QUALITY OF A THERAPEUTIC
PATIENT EDUCATION (TPE) PROGRAMME**
A.-F. Pauchet-Traversat, R. Gagnayre, *France*
- 3 **RECENT EVOLUTION OF TPE IN DIABETOLOGY**
M.G. Albano, C. Crozet, J.F. d'Ivernois, *Italy, France*
- 4 **THE EXPERIENCE OF MSA : A NATIONAL
PROGRAMME OF TPE FOR AGED
CARDIOVASCULAR PATIENTS LIVING IN RURAL
COMMUNITIES: PRELIMINARY RESULTS**
C. Crozet, V. Van Bockstael, J.F. d'Ivernois, *France*
- 5 **COMPLIANCE WITH LIFESTYLE AND
MANAGEMENT RECOMMENDATIONS IN TYPE 1
DIABETIC PATIENTS**
R. Arana, M.P. Angosto, A. Saez, L. Irigibel, P. Bodas,
M.C. Marín, *Spain*
- 6 **MEASURING ADHRENCE TO ANTIDEPRESSANTS
IN PATIENTS SUFFERING FROM DEPRESSION:
IMPLICATION FOR PSYCH-EDUCATION**
A. Gabriel, C. Violato, *Canada*
- 7 **THE CHALLENGE OF DIABETES GENETIC RISK
TESTING FOR THE PRIMARY CARE SETTING:
WHAT ABOUT CLINICAL UTILITY?**
E.J.F. Houwink, S.C.M. van Esch, C.G. van El,
F.J. Snoek, M.C. Cornel, *The Netherlands*
- 8 **PROFILE OF PATIENTS WITH CHRONIC
CONDITIONS AND POOR TREATMENT
ADHERENCE**
M. Jansà, M. Vidal, M. Nuñez, C. Hernandez,
M.J. Bertran, S. Sanz, C. Castell, G. Sanz, *Spain*
- 9 **ASSESSMENT OF STRUCTURED GROUP
EDUCATION PROGRAM IN PATIENTS
WITH DIABETES ON INTENSIFY INSULIN THERAPY**
T. Milenkovic, V. Percan, G. Petrovski,
S.J. Mishevska, I. Ahmeti, *Macedonia*

Poster Theme 1:

EVIDENCE-BASED TPE AND EVALUATION OF RESULTS

(Board Numbers 1-10, Poster Discussion A1)

Chairperson: **Jean-Francois D'Ivernois**, *France*

Board No

- 10 **STRUCTURED GROUP-BASED EDUCATION PROGRAMMES FOR ADULTS WITH TYPE-2 DIABETES. META-ANALYSIS OF RANDOMISED CONTROLLED TRIALS**
J. Leksell, U.-B. Johansson, S. Werkö, K. Wikblad,
Sweden

Poster Theme 1:

EVIDENCE-BASED TPE AND EVALUATION OF RESULTS

(Board Numbers 11-14, Poster Session 1)

- 11 **SELF-MANAGEMENT OF ORAL ANTICOAGULATION REDUCES MAJOR OUTCOMES IN THE ELDERLY: A RANDOMIZED CONTROLLED TRIAL**
I. Rakovac, A. Siebenhofer, B. Piso, **E. Matyas**,
T. Pieber, U. Didjurgeit, *Austria, Germany*
- 12 **AVAILABILITY OF DISPOSABLE MATERIAL IN TYPE 1 DIABETIC PATIENTS**
R. Arana, L.A. García, M. Bautista, J. Peña, P. Bodas,
M.C. Marín, *Spain*
- 13 **DIABETES EDUCATION WITH ELDERLY: IMPORTANT FACTORS TO BE CONSIDERED**
F.D. Moreira, **J. Dullius**, *Brazil*
- 14 **MULTI-DIMENSIONAL PREVENTION PROGRAM AFTER ACUTE CORONARY SYNDROME (ELIPS)**
P.F. Keller, N. Rodondi, S. Carballo, R. Auer,
C. Matter, S. Windecker, M. Roffi, P. Marques-Vidal,
A. Golay, T. Perneger, F. Mach, *Switzerland*

Poster Theme 2:

PATIENT EMPOWERMENT, FROM KNOWLEDGE TO ACTION

(Board Numbers 15-23, Poster Discussion A2)

Chairperson: **Ingrid Muelhauser**, *Germany*

Board No

- 15 **FIND AND HELP PATIENTS WITH COMPULSIVE EATING**
K.H. Bachelard, S. Pettersson, *Sweden*
- 16 **EXPECTATIONS BEFORE ENTERING A DIABETES SELF MANAGEMENT PROGRAM. A QUALITATIVE STUDY**
L.Ø. Rygg, A. Steinsbekk, *Norway*
- 17 **MYTHS AND MISCONCEPTION ABOUT DIABETES MELLITUS: BANGLADESH PERSPECTIVE**
A. Khan, B. Bhowmik, *Bangladesh*
- 18 **LINDA-DIABETES-SELFMANAGEMENT-PROGRAM - A NEW CONCEPTION IN DIABETES EDUCATION**
G. Feulner-Krakow, *Germany*
- 19 **MOTIVATION FOR DIABETES MANAGEMENT BASED ON AUTONOMY. IMPLEMENTATION OF A PROGRAM FOR YOUNG ADULTS WITH TYPE 1 DIABETES**
V. Zoffmann, *Denmark*
- 20 **BIOMEDICAL AND PSYCHOSOCIAL OUTCOMES 12 MONTHS FOLLOWING DOSE ADJUSTMENT FOR NORMAL EATING (DAFNE) TRAINING IN ROUTINE CLINICAL PRACTICE IN IRELAND**
C. Breen, M. O'Scannail, R. Boocock, U. Mc Erlean, M. Gacquin, J. Kildunne, E. Fanning, S. Brown, C. Murphy, B. Mc Donnell, D.O. Shea, D. Smith, C.H. Courtney, J. Newell, L. Daly, S.F. Dinneen, *Ireland*
- 21 **EFFECTIVENESS OF A STRUCTURED DIABETES EDUCATION PROGRAMME ON SOME NON-GLYCAEMIC ENDPOINTS IN NIGERIANS WITH TYPE 2 DIABETES MELLITUS**
S. Olayemi, B. Kolawole, *Nigeria*
- 22 **THE EMPOWERMENT: A PROPOSAL OF EDUCATION AND SELF-CARE**
E. Duarte, M. Castrati, C. Verduguez, M.d.C. Caballero, *Bolivia*

Poster Theme 2:

PATIENT EMPOWERMENT, FROM KNOWLEDGE TO ACTION

(Board Numbers 15-23, Poster Discussion A2)

Chairperson: **Ingrid Muelhauser**, *Germany*

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- 23 **'STARTING INSULIN - YOUR CHOICE': A PATIENT DECISION AID FOR PEOPLE WITH TYPE 2 DIABETES CONSIDERING INSULIN**
C.J. Ng, N. Mathers, M. Campbell, S. Beveridge, *UK*

Poster Theme 2:

PATIENT EMPOWERMENT, FROM KNOWLEDGE TO ACTION

(Board Numbers 24-38, Poster Session 1)

- 24 **PREPARING AN INFORMATION BROCHURE ON STRUCTURED EDUCATION FOR ADULT ASTHMATIC PATIENTS**
A.-F. Pauchet-Traversat, J. Lemarié, *France*
- 25 **EFFECTIVENESS OF HYPERTENSION EDUCATION IN AUSTRIAN PROVINCE OF STYRIA**
I. Rakovac, P. Beck, P. Mrak, R. Zweiker, S. Winklehner, T. Pieber, *Austria*
- 26 **HEALTH EDUCATION ON DIABETES IN SCHOOLS: SWEET VISITS TO THE COMUNITY**
F. Andrade, **J. Dullius**, S. Lemos, M. Radicchi, A. Sayuri Silva, *Brazil*
- 27 **DISEASE SELF AWARENESS IN PATIENTS WITH TYPE 2 DIABETES MELLITUS**
I. Kyriazis, A. Koutsovasilis, K. Korovesis, D. Mendrinos, P. Bobolas, A. Giolis, Z. Katsare, L. Bartzis, N. Syrianos, I. Malios, G. Christodoulou, A. Diakoumopoulos, C. Partheniou, *Greece*
- 28 **ACCESSING THE NEEDS FOR HEALTH EDUCATION IN PATIENTS WITH CARDIOVASCULAR RISK**
L.A. Ghiggi, G.M. Santana, J.M. López-Choza, E.A. Pamies, M.G. Machuca, M.J. Martín-Calero, *Spain*
- 29 **THE BBTHREE(BASAL BOLUS THREE AND A HALF DAYS PLUS RECALL EDUCATIONAL EXPERIENCE) FOR TYPE 1 DIABETES. LONG TERM DATA**
V. Miselli, P. Accorsi, U. Pagliani, E. Monzali, C. Rossi, M. Trento, *Italy*

Poster Theme 2:

PATIENT EMPOWERMENT, FROM KNOWLEDGE TO ACTION

(Board Numbers 24-38, Poster Session 1)

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- 30 **SELF-MONITORING OF BLOOD GLUCOSE FOR DIABETIC ADULTS: EFFECTS OF PARTICIPATION IN PROGRAM FOR EDUCATION IN DIABETES THROUGH PHYSICAL ACTIVITIES**
S. Lemos, J. Dullius, L. Ulhoa, *Brazil*
- 31 **ADVANCE DIRECTIVES BASED COGNITIVE THERAPY IN TREATMENT NON ADHERENT PATIENTS**
Y. Khazaal, Y.A. Kaufmann, D. Zullino, *Switzerland*
- 32 **ASSESSMENT OF KNOWLEDGE LEVEL OF ANTIDIABETIC TREATMENT IN TYPE 2 DIABETIC PATIENTS**
I. Kyriazis, A. Koutsovasilis, P. Bobolas, A. Giolis, Z. Katsare, L. Bartzis, N. Syrianos, C. Mellos, D. Presvelos, I. Malios, D. Mendrinou, C. Partheniou, *Greece*
- 33 **EDUCATIONAL THERAPY EVALUATION**
S. Correia, P. André, L. Couto, *Portugal*
- 34 **PARTICIPANT AUTONOMY AND CHRONIC DISEASE SELF-MANAGEMENT**
E.K.R. Speight, *Australia*
- 35 **ACUTE GLICEMIC VARIATION OBSERVED POST ORIENTED PHYSICAL ACTIVITIES WITH TYPE 1 DIABETICS OF ADIABETES EDUCATION PROGRAM**
J. Dullius, G. Mendes, *Brazil*
- 36 **DIABETIC FOOT CARE EDUCATION: HOW MUCH IS IT EFFECTIVE IN THE FOOT CARE KNOWLEDGE AND PRACTICE IN TYPE 2 DIABETICS?**
N. Vatankhah, M.E. Khamseh, H.R. Baradaran, R. Aghili, Y. Jahangiri, *Iran*
- 37 **INDIVIDUAL COUNSELLING IN CHANGING DIETARY HABITS IN DIABETICS**
M.T. Pavecic, Z. Novak, A. Janez, *Slovenia*
- 38 **NONCOMMUNICABLE DISEASES RISK FACTOR SURVEY IN GEORGIA 2007**
V. Barbakadze, R. Tataradze, L. Baramidze, K. Liliashvili, D. Trapaidze, L. Sturua, *Georgia*

Poster Theme 3:

EMOTIONAL INTELLIGENCE AND QUALITY OF LIFE

(Board Numbers 39-46, Poster Discussion A3)

Chairperson: **Søren Skovlund**, *Denmark*

Board No

- 39 **PILOT STUDY ON PATIENT CENTERED EDUCATIONAL INTERVENTION IN IRRITABLE BOWEL SYNDROME (IBS)**
A. Halpert, A. Verma, E. Cline, D. Drossman, *USA*
- 40 **QUALITY OF LIFE OF CHILDREN AND ADOLESCENTS WITH TYPE 1 DIABETES MELLITUS: PERCEPTIONS FROM THE PATIENTS**
M.C. Marín, E. Espinosa, P. Bodas, R. Arana, *Spain*
- 41 **POSITIVE AFFECT MAY IMPACT NEGATIVE EMOTIONS IN SOME PATIENTS DURING A NURSE CONSULTATION**
E. Strand, M. Thoresen, T. Sibbern, H. Eide, *Norway*
- 42 **EVALUATION OF SELF-MANAGEMENT FOR HYPERTENSION PATIENTS IN COMMUNITIES OF SHANGHAI**
H. Fu, J. Gao, *China*
- 43 **PERSONALIZED PATIENT EDUCATION IN RHEUMATOID ARTHRITIS: ANALYSIS OF A COHORT OF PATIENTS TREATED WITH INFLIXIMAB**
B. Allenet, J.-Y. Bouchet, L. Grange, *France*
- 44 **DIFFERENT INSULIN TREATMENT REGIMENS IN PATIENTS WITH TYPE 1 DIABETES: EFFECTS ON QUALITY OF LIFE**
J. Vukcevic, T. Beljic Zivkovic, G. Pudar, M. Vircburger, M. Andjelic Jelic, B. Jojic, M. Vuksanovic, *Serbia*
- 45 **BETTER REGULATION USING CARBOHYDRATE AND INSULIN EDUCATION (B.R.U.C.I.E) - INTENSIVE EDUCATION PROGRAMME FOR INDIVIDUALS WITH TYPE 1 DIABETES: INTERIM RESULTS**
J. Cook, C. Heverin, G. Blockley, A. Reid, S. Diamond, S. Ghosh, *UK*

Poster Theme 3:

EMOTIONAL INTELLIGENCE AND QUALITY OF LIFE

(Board Numbers 39-46, Poster Discussion A3)

Chairperson: **Søren Skovlund**, *Denmark*

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- 46 **DIFFERENCES IN QUALITY-OF-LIFE OUTCOMES IN SUBJECTS WITH TYPE 1 DIABETES WITH AND WITHOUT REPEATED HYPOGLYCAEMIA. SHORT-TERM RESULTS OF CSII TREATMENT**
M. Vidal, M. Gimenez, **M. Jansà**, M. Lara, I. Levy, I. Conget, *Spain*

Poster Theme 3:

EMOTIONAL INTELLIGENCE AND QUALITY OF LIFE

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- 47 **THE ASSOCIATION BETWEEN DEPRESSION AND TYPE 2 DIABETES OUTCOMES VARIES BY DIABETES REGIMEN**
J. Aikens, D. White Perkins, J. Piette, B. Lipton, *USA*
- 48 **COPD, CHRONIC BRONCHITIS AND CABABILITY TO DAILY ACTIVITIES**
M. Kanervisto, T. Vasankari, *Finland*
- 49 **FACTORS THAT AFFECT THE QUALITY OF LIFE WITH DIABETES: THE OPINION OF THE DIABETICS**
S. Lemos, J. Dullius, *Brazil*
- 50 **THE EFFECTS OF PSYCHOEDUCATION ON TREATMENT OUTCOMES IN MILDLY TO MODERATELY DEPRESSED DIABETIC PATIENTS: A PILOT STUDY**
M. Pibernik-Okanovic, N. Andrijasevic, D. Ajdukovic, D. Begic, S. Szabo, Z. Metelko, *Croatia*
- 51 **DOCE DESAFIO PROGRAM: THE IMPACT ON LIFE QUALITY ACCORDING THE DIABETICS IN ATTENDANCE**
J. Dullius, F. Andrade, S. Lemos, M. Radicchi, L. Ulhoa, *Brazil*
- 52 **PRELIMINARY RESULTS OF A SYSTEMATIC EVALUATION OF WELL BEING IN DANISH PATIENTS WITH DIABETES - PART OF THE MIND PROJECT**
L. Dobson, U. Christensen Bjerre, E. Eldrup, *Denmark*

Poster Theme 4:

EDUCATING THE EDUCATORS

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Chairperson: **Ilana Harman-Boehm, Israel**

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- 53 **POST-GRADUATE EDUCATION PROGRAM FOR DIETICIANS - MEDICAL NUTRITION THERAPY IN DIABETES**
G. Fayman, M. Gillon Keren, I. Raz, Israel
- 54 **HOW TO STRUCTURE A THERAPEUTIC PATIENT EDUCATION (TPE) PROGRAMME FOR PATIENTS WITH CHRONIC DISEASE**
A.-F. Pauchet-Traversat, C. Fournier, France
- 55 **MOTIVATIONAL INTERVIEWING TRAINING IN A NORTH INDIAN ENDOCRINE CENTRE**
S. Kalra, B. Kalra, A. Sharma, India
- 56 **PATIENT CENTERED CARE IN THE FAMILY MEDICINE SETTING**
J. Bardsley, G. Youssef, USA
- 57 **TEN YEARS OF THE DIABETES EQUIP T. P. E. TRAINING: BUILDING THE LOCAL EDUCATIONAL NETWORK**
S. Casucci, L. Scionti, F. Santeusanio, P. Brunetti, C. Vermigli, Italy
- 58 **HEALTH EDUCATION TRAININGS OF HEALTHCARE PROFESSIONALS : RESULTS OF A NATIONAL SURVEY**
J. Foucaud, France
- 59 **COMMUNICATION TRAINING AND PATIENTS SATISFACTION : A RANDOMIZED TRIAL STUDY FROM MASHHAD, IRAN**
N. Ahmadian Yazdi, S. Tavafian, A. Emadzadeh, A. Kazemnejad, F. Ghofranipour, Iran
- 60 **EVALUATION OF THE PROFESSIONAL TRAINING PROGRAMME FOR GROUP COUNSELLING SKILLS IN PROMOTION OF HEALTHY LIFE STYLE CHANGES**
T. Jokelainen, K. Pesonen, L. Hiltunen, L. Järvi, A. Rajala, S. Keinänen-Kiukaanniemi, Finland
- 61 **DIPLOMA ON DIABETES CARE AND EDUCATION FOR HEALTHPROVIDERS. AN 8 YEARS FOLLOW UP**
R. Suarez, Cuba

Poster Theme 4:

EDUCATING THE EDUCATORS

(Board Numbers 53-62, Poster Discussion A4)

Chairperson: **Ilana Harman-Boehm, Israel**

Board No

- 62 **DIABETES EDUCATOR COURSE - A TOOL FOR PROMOTING CHANGE IN THE EDUCATORS PERCEPTION AND IMPLEMENTATION OF THEIR TASKS**
D. Adler, P. Stien, Israel

Poster Theme 4:

EDUCATING THE EDUCATORS

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- 63 **EFFECT OF EDUCATIONAL METHODS ON THE LEVEL OF KNOWLEDGE OF SCHOOL HEALTH-CARE WORKERS OF JUVENILE DIABETES IN ELEMENTARY SCHOOLS**
M. Peimani, M. Khoshniat, Z. Komeylian, M. Maadi, R. Heshmat, R. Baradar Jalili, B. Larijani, Iran
- 64 **THE MULTIPURPOSE DIABETES WORKER TRAINING PROGRAMME**
B. Kalra, S. Kalra, India
- 65 **NUTRITION EDUCATION FOR DIABETES PATIENTS: NECESSITY OF INFORMATION OF FOOD WITH HEALTH CLAIMS FOR DIABETES EDUCATORS**
S. Maruyama, E. Horinishi, Y. Nemoto, M. Yamamoto, Japan
- 66 **PRIMARY CARE NURSES' STRUGGLES WITH LIFESTYLE EDUCATION IN DIABETES CARE: A QUALITATIVE ANALYSIS**
R. Jansink, J. Braspenning, T. Van der Weijden, G. Elwyn, R. Grol, The Netherlands, UK
- 67 **TRAINING OF HEALTH CARE PROFESSIONALS IN PATIENT EDUCATION ABOUT DIABETES IN FRENCH HOSPITALS**
H. Mosnier-Pudar, G. Hochberg, D. Simon, G. Reach, S. Halimi, French Guiana, France

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EDUCATING THE EDUCATORS

(Board Numbers 63-74, Poster Session 1)

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- 68 **“NOVOCLUB” - HEALTH COACHING IN DIABETES. TRAINING FOR DOCTORS BASED ON POSITIVE PSYCHOTHERAPY APPROACH**
O. Sakalo, Y. Kravchenko, *Ukraine*
- 69 **THE DIABETES YEAR OF CARE PROJECT: PROVIDING AND COMMISSIONING MAINSTREAM DIABETES SERVICES THAT SUPPORT EFFECTIVE SELF-MANAGEMENT**
S. Roberts, *UK*
- 70 **A STUDY TO INVESTIGATE THE USE OF WORDS IN EVIDENCE BASED MEDICINE BY PATIENTS, HEALTH CARE PROVIDERS, AND MEDICAL STUDENTS**
A. Brooks, S. Kibble, S. Alderson, *UK*
- 71 **UN RESOLUTION IMPLEMENTATION THROUGH EDUCATION**
R. Kurashvili, E. Shelestova, L. Tsutskiridze, N. Asatiani, *Georgia*
- 72 **TO COMPARE IRANIAN HEALTHCARE PROFESSIONALS’ ATTITUDES TOWARDS DIABETES**
H.R. Baradaran, S. Ramezani-Givi, M.E. Khamseh, *Iran*
- 73 **HEALTH PROFESSIONAL TRAINING: BEHAVIORAL MODIFICATION AMONG DIABETES**
M.J. Kenj, *Brazil*
- 74 **“DIABETES AND PSYCHE”. A NEW ADVANCED TRAINING PROGRAM IN AMD**
T. Bufacchi, P. Gentili, F. Burla, S. Di Pietro, P. Di Bernardino, *Italy*

Poster Theme 5:

TECHNOLOGY, INTERNET AND CHILDREN'S INVOLVEMENT

(Board Numbers 75-84, Poster Discussion A5)

Chairperson: **Leonardo Pinelli, Italy**

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- 75 **MICK&YS - MANAGING INSULIN AND CARBOHYDRATE FOR KIDS AND YOUNG PEOPLE WITH SUCCESS**
M. Gardiner, UK
- 76 **PROMOTING PATIENT EMPOWERMENT VIA THE INTERNET: AN ANALYSIS OF DISCUSSION FORUMS FOR PATIENTS WITH CHRONIC CONDITIONS**
M. Belendez, R. Suria, Spain
- 77 **COMPRESSION THE EFFECT OF NURSE TELEPHONE FOLLOW-UP AND SMS ON DIABETIC CONTROL IN PATIENTS WITH TYPE 2 DIABETES**
M. Zolfaghari, G. Sameh, A. Mosavi, S. Pedram, Iran
- 78 **GROUP COUNSELLING, ACTIVATING COUNSELLING METHODS AND VIDEOCONFERENCING AS TOOLS IN THE PREVENTION OF TYPE 2 DIABETES**
J. Laitinen, A.-M. Keränen, T. Jokelainen, M. Alahuhta, E. Korkiakangas, P. Husman, S. Keinänen-Kiukaanniemi, A. Taanila, U. Rajala, O. Timonen, S. Olkkonen, Finland
- 79 **IMPACT OF PARENTAL ILLNESS PERCEPTIONS AND SOCIAL SUPPORT IN ADHERENCE AND METABOLIC CONTROL OF THEIR CHILDREN WITH TYPE 1 DIABETES**
A.L. Covinhas, J.F. Raposo, Portugal
- 80 **T1DM ADOLESCENTS - COMPUTER TECHNOLOGY IN THE SERVICE OF METABOLIC CONTROL**
R.S.P. Petrovic, S. Sajic, S. Lesovic, Serbia
- 81 **HOW ACCOMPAGNY THE DIABETIC CHILDREN WHEN THEY COME BACK TO SCHOOL AFTER THE FIRST HOSPITALIZATION**
C. Le Tallec, S. Goyer Dany, C. Rohou Vitrand, G. Huron, K. Barre, P. Ducept, N. De Barros, C. Colmel, N. Ser, France

Poster Theme 5:

TECHNOLOGY, INTERNET AND CHILDREN'S INVOLVEMENT

(Board Numbers 75-84, Poster Discussion A5)

Chairperson: **Leonardo Pinelli**, *Italy*

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- 82 **PERCEPTIONS OF HEALTH AND LIFESTYLES IN ADOLESCENTS WITH TYPE 1 DIABETES**
L. Serrabulho, M. Matos, J. Raposo, *Portugal*
- 83 **INSULIN FOR CHILDREN, EDUCATION FOR LIFE**
C. Verduguez Guzmán, E. Duarte, M. Castrati,
M.d.C. Caballero, *Bolivia*
- 84 **NURSES PRACTITIONERS AS FACILITATOR(S) OF PATIENT EDUCATION DESIGN AND WEB BASED DELIVERY FOR WEIGHT MANAGEMENT**
I. Heetebry, M. Hatcher, *USA*

Poster Theme 6:

PSYCHOSOCIAL DETERMINANTS OF SELF-MANAGEMENT

(Board Numbers 85-94, Poster Discussion A6)

Chairperson: **Daniel Figuerola**, *Spain*

- 85 **PATIENT CHOICE AND INSULIN PUMP THERAPY: PATIENT REPORTED OUTCOMES**
K. Barnard, C. Skinner, *UK, Australia*
- 86 **DIABETES EDUCATION AND OUTCOMES FOR CHILDREN WITH TYPE 1 DIABETES MELLITUS**
S. Kakar, N. Bhatia, *India*
- 87 **PSYCHOSOCIAL PREDICTORS OF MEDICAL ADHERENCE AMONG PERSONS LIVING WITH HIV**
A. Gauchet, *France*
- 88 **MEASURING DEPRESSION KNOWLEDGE OF PATIENTS SUFFERING FROM DEPRESSION: IMPLICATION FOR PSYCH-EDUCATION**
A. Gabriel, C. Violato, *Canada*
- 89 **PERCEPTIONS OF TYPE 1 DIABETIC PATIENTS ABOUT THE QUALITY OF THEIR DIABETES CARE**
R. Arana, M.C. Iglesias, C. Serrano, P. Bodas,
M.C. Marín, *Spain*

Poster Theme 6:

PSYCHOSOCIAL DETERMINANTS OF SELF-MANAGEMENT

(Board Numbers 85-94, Poster Discussion A6)

Chairperson: **Daniel Figuerola**, *Spain*

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- 90 **LIFELONG COMPANIONSHIP WITH DIABETES**
S. Olli, P. Åstedt-Kurki, M.-T. Tarkka, *Finland*
- 91 **DIABETES MELLITUS. BELIEFS AND PERCEPTIONS ABOUT THE DISEASE**
P. Isla Pera, A. Vernet, R. Insa, A. Boltaña, M. Aivar, M. Vidal, S. Villa, R.M. Garcia, I. Valcarcel, E. Jordan, J. Choren, C. Icart, *Spain*
- 92 **PERCEPTIONS OF OBESITY**
F. Patitucci, E. Reynals, D. Figuerola, M.C. Diumenjo, A. Carena, J. Carena, G. Marcucci, *Spain, Argentina*
- 93 **IMPLEMENTING THE GUIDE FOR HEALTHY EATING AN A SELECTED GROUP OF OBESE PATIENTS**
L. Mihalache, M. Nuc, M. Graur, *Romania*
- 94 **AFRICAN AMERICAN ELDERS ADAPTING TO DIABETES: AN ADAPTATION AND TEST OF THE ILLNESS INTRUSIVENESS MODEL**
V. De Coster, T. Killion, R. Roessler, *USA*

Poster Theme 6:

PSYCHOSOCIAL DETERMINANTS OF SELF-MANAGEMENT

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- 95 **FACTORS INFLUENCING HEALTH PROMOTION IN PATIENTS WITH CHRONIC ILLNESS: A QUALITATIVE STUDY**
N. Fouladi, H. Alimohammadi, E. Mazaheri, *Iran*
- 96 **HIGHER ACCEPTANCE OF DISEASE IS ASSOCIATED WITH BETTER METABOLIC CONTROL IN TYPE 1 DIABETIC PATIENTS TREATED WITH INTENSIVE INSULIN THERAPY**
E. Pietrzykowska, S. Pilacinski, A. Araszkievicz, A. Uruska, A. Majchrzak, B. Wierusz-Wysocka, *Poland*

Poster Theme 6:

PSYCHOSOCIAL DETERMINANTS OF SELF-MANAGEMENT
(Board Numbers 95-103, Poster Session 1)

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- 97 **WEIGHT CONTROL, HEALTHY FOOD, AND SUFFICIENT PHYSICAL ACTIVITY; THAT'S IT - OR IS IT?**
J. Laitinen, M. Alahuhta, A.-M. Keränen,
T. Jokelainen, E. Korkiakangas, *Finland*
- 98 **THE PERCEPTION OF INSULIN THERAPY BETWEEN ORAL HYPOGLYCEMIC AGENT-TREATED AND INSULIN-TREATED TYPE 2 DIABETIC PATIENTS IN CHINESE**
M.P. Chang, C.Y. Huang, H.T. Chiu, C.T. Chang,
R.H. Chen, T.Y. Wang, M.M.T. Fuh, W.L. Huang,
M.H. Hsieh, C.C. Chen, *Taiwan, Republic of China*
- 99 **DIFFICULTIES ASSOCIATED WITH INSULIN THERAPY IN TYPE 2 DIABETES PATIENTS: DATA OF QUESTIONNAIRE SURVEY IN RUSSIA**
E. Surkova, G. Galstyan, O. Melnikova, A. Mayorov,
A. Tokmakova, *Russian Federation*
- 100 **SPIRITUALITY BELIEFS AND HEALTH STATUS IN PATIENTS WITH CHRONIC ILLNESS: A QUALITATIVE STUDY**
N. Fouladi, M. Salsali, H. Alimohammadi, E. Mazahery,
A. Shargi, *Iran*
- 101 **SELF TREATMENT BEHAVIORS IN DIABETES MELLITUS IN IRAN: A PHENOMENOLOGY STUDY**
N. Masoudi Alavi, F. Izadi, A. Ebadi, A. Hajibagheri,
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- 102 **RELATIONSHIPS BETWEEN FOOD PREFERENCE, DEPRESSION AND INSULIN RESISTANCE IN HEALTHY MEN**
L. Brunerova, J. Potockova, J. Horacek, M. Andel,
Czech Republic
- 103 **PSYCHOSOCIAL ISSUES IN THE MANAGEMENT OF DIABETES MELLITUS**
R. Asagba, *Nigeria*

Poster Theme 7:

PSYCHO-SOCIAL TREATMENT AND SELF-EXPRESSION

(Board Numbers 104-113, Poster Discussion B7)

Chairperson: **Andrew Brooks, UK**

Board No

- 104 **ASTHMA: IT'S A FAMILY AFFAIR - A STUDY OF A FAMILY- BASED INTERVENTION FOR ADOLESCENTS WITH ASTHMA**
V.T. Colland, J.M. Bruzesse, R. Gallagher,
L.H. Unikel, D. Evans, *The Netherlands, USA*
- 105 **A MINIMAL BEHAVIOURAL INTERVENTION PROGRAMME TO IMPROVE SELF MANAGEMENT AND PRO-ACTIVE COPING IN THREE DIFFERENT CHRONIC ILLNESSES**
V.T. Colland, D.T. de Ridder, K.M.G. Schreurs,
R.G. Kuijer, *The Netherlands, New Zealand*
- 106 **COGNITIVE-EDUCATIVE MODEL FOR MEXICAN ADULTS WITH DMT2**
E. Gallegos, B. Salazar, *Mexico*
- 107 **IMPACT OF A PSYCHO-EDUCATIONAL INTERVENTION ON HEALTH OUTCOMES IN ADULTS WITH ASTHMA**
A. Lamouroux, D. Vervloet, *France*
- 108 **"PEDIA": A PROJECT OF THERAPEUTIC EDUCATION IN TYPE 2DIABETES IN PRIMARY CARE**
A. Kotsoni, T. Solomos, P. Theodoropoulos,
J. Gabriel, E. Gianoulaki, *Greece*
- 109 **IDENTIFYING THE PLACE AND ROLE OF PSYCHOSOCIAL SUPPORT IN THERAPEUTIC PATIENT EDUCATION**
A. Le Rhun, A. Deccache, *France, Belgium*

Poster Theme 7:

PSYCHO-SOCIAL TREATMENT AND SELF-EXPRESSION

(Board Numbers 104-113, Poster Discussion B7)

Chairperson: **Andrew. Brooks, UK**

Board No

- 110 **PATIENTS' EXPRESSIVE WRITING ABOUT THEIR IRRITABLE BOWEL SYNDROME IS INFORMATIVE BUT DIFFICULT TO READ RELIABLY**
A. Halpert, E. Cline, A. Verma, J. Clark, *USA*
- 111 **SURVEY OF YOUNG PEOPLE WITH DIABETES - USER VIEWS INFORMING THE DEVELOPMENT OF THE DIABETES TRANSITIONAL SERVICE IN WEST SOMERSET**
M. Gardiner, *UK*
- 112 **A COMMUNITY-BASED WEIGHT REDUCTION PROGRAM FOR OVERWEIGHT ADULTS IN JAPAN: RANDOMIZED CONTROLLED TRIAL**
K. Okazaki, N. Sakane, *Japan*
- 113 **PILOT STUDY: ARE TANGO AND DIABETES WELL-SUITED PARTNERS?**
J. Mociulsky, E. Barinaga, **A. Cormillot**,
S. Moguilevsky, S. Alessandrello, *Argentina*

Poster Theme 7:

PSYCHO-SOCIAL TREATMENT AND SELF-EXPRESSION

(Board Numbers 114-122, Poster Session 1)

- 114 **QUALITY ASSESSMENT OF A PSYCHOSOCIAL EDUCATIONAL INTERVENTION**
J. Marttila, P. Ilanne-Parikka, **H. Nuutinen**,
K. Hannukainen, *Finland*
- 115 **OVERCOMING DIABETES TOGETHER. THE PIEDMONT AMD SCHOOL CAMPS**
E. Fraticelli, G. Grassi, G. Magro, G. Morone,
M. Trento, *Italy*
- 116 **THE PROJECT I MOVE MY LIFE**
N. Piana, G. Rosa, G. Romani, M. Miccio, D. Battistini,
P. De Feo, *Italy*

Poster Theme 7:

PSYCHO-SOCIAL TREATMENT AND SELF-EXPRESSION

(Board Numbers 114-122, Poster Session 1)

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- 117 **PSYCHO-EDUCATIONAL TRIAL IN OBESE SUBJECTS**
A. Sygiel, E. Prosperi, I. Cincinnato, *Italy*
- 118 **THE INFLUENCE OF PSYCHO-EDUCATIONAL ART THERAPY SUPPORT GROUP ON PARENTAL AUTHORITY IN MOTHERS OF ADOLESCENTS WITH TYPE 1 DIABETES**
A. Merom, I. Mitelman, D. Landau, M. Phillip, *Israel*
- 119 **IMPACT OF THE “DIABETES SCHOOL” ON ATTITUDES TOWARD THE FUTURE IN DIABETES PATIENTS**
K. Kostenko, *Ukraine*
- 120 **THE BENEFITING EFFECT OF AEROBIC PHYSICAL EXERCISE IN THE OBESE PATIENTS WITH DEPRESSION SYNDROME**
A. Sianni, K. Kosma, E. Kakava, K. Laskos, D. Vasilopoulos, A. Ganotopoulou, *Greece*
- 121 **THE MEANING OF QUESTIONS IN THE LIFE OF PEOPLE WITH DIABETES AND THEIR EDUCATION**
A. Jaramillo, *Colombia*
- 122 **THE CREATION AND EVOLUTION OF DIABETES CONVERSATION LUNCHEON MAP**
K. Yamada, I. Yamada, *Japan*

Poster Theme 8:

MOTIVATION TO CHANGE BEHAVIOURS

(Board Numbers 123-130, Poster Discussion B8)

Chairperson: **Pierpaolo De Feo, Italy**

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- 123 **MOTIVATORS AND BARRIERS TO EXERCISE AMONG TYPE 2 DIABETES HIGH-RISK SUBJECTS**
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MOTIVATION TO CHANGE BEHAVIOURS

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Chairperson: **Pierpaolo De Feo, Italy**

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- 133 **THE EFFECT OF EATING BEHAVIOR ON WEIGHT LOSS AND MAINTENANCE**
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Chairperson: **Remi Gagnayre, France**

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Chairperson: **Mark Peyrot, USA**

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Chairperson: **Mark Peyrot, USA**

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